

KNEEHILL COMMUNITY SERVICES DIRECTORY 2025

The Kneehill Community Services Directory is a project of Kneehill Regional Family and Community Support Services (FCSS).

We encourage you to contact our office at 403-443-3800 or email angie@krfcss.com if information requires updating, or if your organization would like to be included in the next edition. An electronic version of the directory is available for download at www.krfcss.com.

Kneehill Regional FCSS is a partnership between the provincial and municipal governments of Acme, Carbon, Kneehill County, Linden, Three Hills and Trochu. A board made up of one elected official from each participating municipality sets the direction for the program and makes funding decisions. The FCSS Director and staff carry out the activities of the program and liaise with community organizations.

Kneehill Regional FCSS and the participating municipalities maintain and strengthen the quality of life for all residents by supporting volunteerism and providing preventive social initiatives and programs. Kneehill Regional FCSS develops and supports locally driven preventive social initiatives that enhance the well-being of individuals, families, and communities, and funds several Kneehill area projects and programs, including Seniors Outreach, the Kneehill Family Wellness Program, Kneehill Community Support Coach and Kneehill Family and Marriage Counselling.

Kneehill Regional FCSS provides several services and programs for Kneehill area residents:

- Information and Referral
- Parent Education
- Group Programs for Children, Youth and Families
- Adult Education
- Community Volunteer Income Tax Program
- Volunteer Recognition, Education and Awareness
- Community Discovery Nights
- Tools for School

Kneehill Regional FCSS
779 2nd St NE, Three Hills
Phone: (office) 403-443-3800 (cell) 403-443-0793
Email: shelley@krfcss.com or angie@krfcss.com
Website: www.krfcss.com
Facebook: facebook.com/krfcss
Instagram: [kneehillregionalfcss](https://www.instagram.com/kneehillregionalfcss)

**Kneehill Regional Family and Community Support Services (FCSS)
Working for the municipalities of Acme, Carbon, Kneehill County, Linden,
Three Hills and Trochu**

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CHURCHES

ACME UNITED CHURCH

Reverend: Tom Melvin
Office: 403-546-3922
Email: acmeunitedchurch@gmail.com
Location: 413 Bennett Ave., Acme
Address: Box 293, Acme, AB T0M 0A0

BETHEL EVANGELICAL MISSIONARY CHURCH

Lead Pastor: Tom Peachey Jr.
Office: 403-443-7239
Email: churchoffice@bethel3hills.ca
Website: www.bethel3hills.ca
Location: 123 4th Ave. SE, Three Hills
Address: Box 1268, Three Hills, AB T0M 2A0

BETHEL FELLOWSHIP CHURCH

Pastor: Brad Harback
Office: 403-443-7800
Website: bethelinthecountry.com
Location: 2 miles E, 1 mile S of Three Hills
Address: Box 807, Three Hills, AB T0M 2A0

CARBON VALLEY COMMUNITY CHURCH

Pastor: Geof Cornelsen
Office: 403-572-3515
Email: info@CarbonValleyChurch.ca
Website: www.carbonvalleychurch.ca
Location: 414 Aberdeen Ave., Carbon
Address: Box 429, Carbon, AB T0M 0L0

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

Branch President: Lee Staats
Church: 587-894-7237
Location: 749-2nd St. NE, Three Hills
Address: Box 790, Three Hills, AB T0M 2A0

EMMANUEL BAPTIST CHURCH

Pastor: Tim Lacock
Office: 403-924-3004
Email: ebc3hills@gmail.com
Location: 239-17th Ave. NE, Three Hills
Address: Box 941, Three Hills, AB T0M 2A0

KNOX UNITED CHURCH

Reverend: Myeongnam Park
Office: 403-443-5018
Email: unitedchurchknox@gmail.com
Location: 108-5th Ave. SE, Three Hills
Address: Box 417, Three Hills, AB T0M 2A0

LINDEN ALLIANCE CHURCH

Assoc Pastor: Alec Siemens
Office: 403-546-3088
Email: office@lindenalliance.com
Website: www.lindenalliance.com
Location: 614 Central Ave. W, Linden
Address: Box 340, Linden, AB T0M 1J0

LINDEN MENNONITE BRETHREN CHURCH

Pastor: Kris Peters
Office: 403-546-4485
Email: office@lindenmb.org
Website: www.lindenmb.org
Location: 101-1st St. N, Linden
Address: Box 92, Linden, AB T0M 1J0

MANOR GOSPEL CHURCH

Pastor: Dan Renton
Office: 403-443-7890
Email: manorgospelchurchoffice@hotmail.com
Website: www.manorgospel.com
Location: 224080 Hwy 583 (East of Three Hills)
Address: Box 545, Three Hills, AB T0M 2A0

MOUNT OLIVE EVANGELICAL FREE CHURCH

Pastor: Alvin Bueckert
Office: 403-443-7779
Email: office@mountoliveefc.com
Website: www.mountoliveefc.com
Location: 705-6th Ave. SE, Three Hills
Address: Box 35, Three Hills, AB T0M 2A0

PRAIRIE TABERNACLE CONGREGATION

Lead Pastor: Jerred Andreas
Office: 403-443-5858
Email: office@prairietab.com
Website: www.prairietab.com
Location: 311 – 11th Ave. NE, Three Hills
Address: Box 2762, Three Hills, T0M 2A0

ST. ANNE OF THE PRAIRIES

Pastoral Coord: Kay Frere, 403-442-2084
Rectory: 403-442-3038
Email: StAnne.Trochu@caedm.ca
Location: 421 St. Anne's Ave., Trochu
Address: Box 415, Trochu, AB T0M 2C0

ST. BARNABAS ANGLICAN CHURCH

Reverend: Dr. James Enns, 403-443-7321
Email: James.Enns@prairie.edu
Location: Corner of 6th Ave and 1st St.
Address: Box 304, Three Hills, AB T0M 2A0

ST. JOHN THE DIVINE ANGLICAN CHURCH

Reverend: David Bull Deacon
Contact: 403-891-6548
Email: stjohnacme@gmail.com
Location: 215 Nolan St., Acme, AB

ST. JOHN'S LUTHERAN CHURCH

Reverend: Nicholas Wasylowich
Phone: 403-556-9279
Address: Box 448, Trochu, AB T0M 2C0

ST. PAUL'S UNITED CHURCH

Reverend: Myeongnam Park
Office: 403-442-3858
Email: tro.ucsec@gmail.com
Location: 218 School Rd., Trochu
Address: Box 28, Trochu, AB T0M 2C0

TRINITY LUTHERAN CHURCH TORRINGTON

Reverend: Nicholas Wasylowich
Office: 403-556-9279
Email: trinity@airenet.com
Location: 129 Centre St., Torrington
Address: Box 39, Torrington, AB T0M 2B0

TROCHU BAPTIST CHURCH

Pastor: Alan Powell
Office: 403-442-4210
Email: trochubaptist@persona.ca
Website: www.trochubaptist.com
Location: 220 Poplar Ave., Trochu
Address: Box 5, Trochu, AB T0M 2C0

VICTORY CHURCH

Pastor: Ron and Bev Swanson
Office: 403-443-7275
Email: info@vc3.ca
Website: www.vc3.ca
Location: 107-3rd Ave. NE, Three Hills
Address: Box 1523, Three Hills, AB T0M 2A0

WIMBORNE ALLIANCE CHURCH

Pastor: Martin Vervloet
Office: 403-631-3792 (leave a message)
Email: info@wimbornealliance.com
Location: 110 – 1st Ave., Wimborne
Address: Box 605, Wimborne, AB T0M 2G0

MINISTERIALS

Encourages cooperation and coordination in terms of church activities in the area.

THREE HILLS MINISTERIAL ASSOCIATION

Contact: Alvin Bueckert, 403-443-7779
Email: office@mountolivefc.com

TROCHU MINISTERIAL ASSOCIATION

Contact: Alan Powell, 403-442-4210
Email: trochubaptist@persona.ca

CULTURE AND TOURISM

CARBON AND AREA RESTORATION SOCIETY (CAARS)

Responsible for the historical museum and pottery studio located in the Farmers Exchange Building. Also boasts a local Artesian Gift Shop.

Phone: 403-572-2331 or 403-820-2543
Location: 414 Caradoc Ave., Carbon
Address: Box 151, Carbon, AB T0M 0L0

KNEEHILL HISTORICAL SOCIETY, MUSEUM & ACCREDITED VISITOR INFORMATION CENTRE PROVIDER

Promotes the history of Kneehill County year-round and operates a seasonal museum and visitor information May – September.
Off-season access arranged by appointment.

President: Rosalie A. Lammle
Phone: Museum, 403-443-2092
Off-season, 403-443-1221
Email: khsmuseum@gmail.com
Website: <https://kneehillmuseum.weebly.com/>
Location: 1301-2 St. NE, Three Hills
Address: Box 653, Three Hills, AB T0M 2A0

THREE HILLS ARTS ACADEMY

Offering piano, dramatic arts education and theatre performances. Our auditorium is available to rent for your events.

Contact: Chelsea Pike
Phone: 403-443-7011
Email: office@threehillsarts.com
Website: www.threehillsarts.com

TORRINGTON TOURISM ACTION SOCIETY

This iconic little museum tells the story of rural Alberta, Kneehill County, and specifically Torrington in a different way! We are open seasonally May, June, September and October weekends 11:00 am – 4:00 pm and daily 10:00 am – 5:00 pm in July and August.

President: Mike Elliott, 403-587-0923
Email: go4museum@gmail.com

TROCHU AND DISTRICT ARBORETUM SOCIETY

Trees, shrubs, and flowers are grown and exhibited for scientific and educational enjoyment.

Bookings and Info: 403-442-3085
Email: arboretum@townoftrochu.ca

TROCHU VALLEY HISTORICAL SOCIETY/TROCHU AND DISTRICT MUSEUM

Operates the museum and tourist information area Monday to Saturday from 10:00 am to 5:00 pm, May to August. Off season access arranged by appointment.

President: Bill Cunningham, 403-442-4328
Museum: 403-442-2220
Email: willcunningham@persona.ca
trochumuseum@gmail.com
Location: 315 Arena Ave., Trochu
Meetings: Bi-monthly, 3rd Thursday; 7:30 pm

WORLD FAMOUS GOPHER HOLE MUSEUM

Director: Laural Kurta, 403-586-5341
Phone: 403-631-2133
Email: go4museum@gmail.com
Website: www.gopherholemuseum.org
Location: 202 2nd Ave., Torrington

LIBRARIES

ACME MUNICIPAL LIBRARY

Contact: Chelsea Pike, 403-546-3879
Email: aamlibrary@marigold.ab.ca
Website: www.acmelibrary.ca
Location: Acme School, 610 Walsh Ave
Address: Box 326, Acme, AB T0M 0A0
Hours: Tuesday/Thursday 4:00 – 8:30 pm
Wednesday 12:00 – 4:30 pm
Friday 10:00 am – 2:30 pm

LINDEN MUNICIPAL LIBRARY

Contact: Allison op der Heyde, 403-546-3757
Email: almlibrary@marigold.ab.ca
Website: www.lindenlibrary.ca
Location: Dr. Elliott School, 215 - 1st St. SE
Address: Box 120, Linden, AB T0M 1J0
Hours: Tuesday/Thursday 4:00 – 8:00 pm
Wednesday 12:00 – 8:00 pm

THREE HILLS MUNICIPAL LIBRARY

Contact: Melissa Molendyk, 403-443-2360
Email: melissa@marigold.ab.ca
Website: www.3hillslibrary.com
Location: 135 - 2 Ave. SE, Three Hills
Hours: Tuesday - Thursday 10:00 am – 8:00 pm
Friday 10:00 am – 6:00 pm
Saturday 10:00 am – 2:00 pm

TORRINGTON LIBRARY

Contact: Susan MacKenzie, 403-667-6954
Location: Ron Gorr Memorial Arena
Hours: Tuesday 2:00 – 4:00 pm

TROCHU MUNICIPAL LIBRARY

Contact: Sherry Campbell, 403-442-2458
Email: atrmliibrary@marigold.ab.ca
Website: www.trochulibrary.ca
Location: 317 Main St., Trochu
Address: Box 396, Trochu, AB T0M 2C0
Hours: Tuesday 4:00 – 8:00 pm
Wednesday – Friday 10:30 am - 5:30 pm

VILLAGE OF CARBON LIBRARY

Contact: Kate-Lynn Pennington, 403-572-3440
Email: acarmliibrary@marigold.ab.ca
Website: www.carbonlibrary.ca
Location: 718 Glengarry St., Carbon
Address: Box 70, Carbon, AB T0M 0L0
Hours: Tuesday 1:00 – 5:00 pm
Thursday 1:00 – 6:00 pm
Friday 1:00 - 5:00 pm



CHILDCARE

ACME DAY CARE CENTRE

A licensed and accredited centre. Childcare from ages 12 months to school age. Open Monday – Friday, 6:30 am - 6:00 pm

Director: Christina Thomas
Phone: 403-546-0028
Email: acmedcare@gmail.com
Website: www.acmedaycare.com
Location: 323 Clarke St., Acme, AB

TAIYO EARLY CHILDHOOD EDUCATION CENTRE

A non-profit, government subsidized play-based childcare program. Childcare for children aged 12 months to 6 years and Out of School Care Program for school age children. Open Monday – Friday, 6:00 am - 6:00 pm

Director: Dana Christiansen
Phone: 403-333-2106
Email: taiyoecec@gmail.com
Website: <https://www.taiyoecec.com/>
Location: 117 Main Street, Acme Alberta

THREE HILLS CHILD CARE CENTRE AND SCHOOL AGE PROGRAM

Contact: Annette Maningas
Phone: 403-443-3740
Email: threehillschildcarecentre@live.ca
Location: 701-2nd St. SE, Three Hills

TROCHU EARLY LEARNING AND CHILDCARE CENTRE

Contact: Annette Maningas
Phone: 403-914-2030
Email: trochuelcc@gmail.com
Location: 222 Northfield Rd., Trochu

TROCHU SCHOOL AGE PROGRAM

Contact: Annette Maningas
Phone: 403-914-2030
Email: threehillschildcarecentre@live.ca
Location: Trochu Valley School (211 School Rd.)

PLAYSCHOOLS

ACME PLAYSCHOOL ASSOCIATION

Email: acmeplayschool@gmail.com
Location: 620 Walsh Ave., Acme
Classes: Tuesday/Thursday

CARBON PLAYSCHOOL

Email: carbonplayschool@gmail.com
Location: Carbon School
Classes: Tuesday/Thursday

LINDEN PLAYSCHOOL

Email: lindenplayschool@gmail.com
Location: Dr. Elliott School
Classes: Monday/Wednesday

PRAIRIE CHRISTIAN ACADEMY PRESCHOOL

Email: pca.preschool@ghsd75.ca
Location: 411 – 11th Ave NE, Three Hills
Classes: Tuesday/Thursday

THREE HILLS PLAYSCHOOL

Email: threehillsplayschool@gmail.com
Website: threehillsplayschool.com
Location: Three Hills School
Classes: Monday/Wednesday

TORRINGTON/WIMBORNE PLAYSCHOOL

Email: torringtonwimborneplayschool@gmail.com
Location: Wimborne Community Centre
Classes: Tuesday/Thursday

TROCHU PLAYSCHOOL

Email: trochuplayschool@gmail.com
Location: Trochu Valley School
Classes: Monday/Wednesday

SCHOOLS

GOLDEN HILLS SCHOOL DIVISION

All public schools in the Kneehill area are part of Golden Hills School Division.

Superintendent: Jeff Grimsdale
Toll-Free: 1-800-320-3739 (Alberta only)
Phone: 1-403-934-5121
Fax: 403-934-5125
Website: www.ghsd75.ca
Location: 435 A Highway #1
Strathmore, AB T1P 1J4

ACME SCHOOL

Grades ECS to 6 and 10 to 12. Part of the Acme, Carbon and Linden tri – campus.

Principal: Sadie Oberle
Vice Principal: Jennifer Walker-Aoki
Office: 403-546-3845
Email: acme@ghsd75.ca
Website: www.acmeschool.ca
Location: 610 Walsh Ave., Acme
Address: Box 326, Acme, AB T0M 0A0

CARBON SCHOOL

Pre-K to Grade 9. Part of the Acme, Carbon and Linden tri – campus.

Principal: Ryan Hatch
Office: 403-572-3401
Fax: 403-572-3278
Email: carbon@ghsd75.ca
Website: carbon.ghsd75.ca
Location: 240 Caradoc Ave., Carbon
Address: Box 250, Carbon, AB T0M 0L0

DR. ELLIOTT SCHOOL (LINDEN)

ECS through Grade 9. Part of the Acme, Carbon and Linden tri – campus.

Principal: Sadie Oberle
Vice Principal: Jennifer Walker-Aoki
Office: 403-546-3863
Fax: 403-546-4220
Website: drelliott.ghsd75.ca
Location: 215-1st St. SE, Linden
Address: Box 120, Linden, AB T0M 1J0

PRAIRIE CHRISTIAN ACADEMY

Grades K - 12

Principal: Darryl Hern
Vice Principal: Barry Sommer
Office: 403-443-4220
Email: pca@ghsd75.ca
Website: www.pca3hills.ca
Location: 411 – 11th Ave NE, Three Hills
Address: Box 68, Three Hills, AB T0M 2A0

THREE HILLS SCHOOL

Grades ECS to 12

Principal: Joan Boles
Vice Principal: Greg Lendvay
Office: 403-443-5335
Email: threehills@ghsd75.ca
Website: www.threehillsschool.com
Location: 400-6th Ave. SE, Three Hills
Address: Box 696, Three Hills, AB T0M 2A0

TROCHU VALLEY SCHOOL

Grades ECS to 12.

Principal: Jody Lammle
Vice Principal: Chantalle Van Otterloo
Office: 403-442-3872
Email: troyal@ghsd75.ca
Website: trochuvalley.ghsd75.ca
Location: 211 School Rd., Trochu
Address: Box 190, Trochu, AB T0M 2C0

POST-SECONDARY SCHOOLS

PRAIRIE COLLEGE

Main Switchboard: 403-443-5511
President's Office: 403-443-3030
Dean's Office: 403-443-3030
Admissions: 403-443-3050
Toll Free: 1-800-661-2425
Email: info@prairie.edu
Website: www.prairie.edu

PRAIRIE AVIATION TRAINING CENTRE

Phone: 403-443-2349
Email: aviation@prairie.edu
Location: Three Hills Airport

ADULT EDUCATION AND EMPLOYMENT SUPPORTS

ACADEMIC EXPRESS

Academic Express delivers training in partnership with Advanced Education and Community Social Services, offering courses in GED Preparation via Distance Delivery throughout the Province of Alberta and New Futures Career Transition Workshops.

Contact: Deborah Sept
Phone: 403-443-1160
Email: debbie@academicexpress.ca
Website: www.academicexpress.ca

CAREER ASSISTANCE NETWORK

Works with 18+ year old individuals as on a one-on-one or group facilitated basis, providing employment support including but not limited to career planning, resume/cover letter development, job search support, interview preparation, work placements and safety ticket training to help them find work across Central Alberta. Our office is in Red Deer, but we travel to each community, including Three Hills, to work with clients in a public setting. For our walk-in sessions, or to schedule an appointment, please contact us directly.

Phone: 403-341-7811 or toll free at 1-866-341-7810
Email: contact@rdcan.ca
Website: www.rdcan.ca

COMMUNITY FUTURES WILD ROSE

Business Coaching/Mentoring, Loans, Community Economic Development and Small Business Training and Support.

Phone: 403-934-8888
Website: <http://wildrose.alberta.ca>
Location: 101, 331-3rd Ave. Strathmore
Address: Box 2159, Strathmore, AB T1P 1K2

KNEEHILL ADULT LEARNING AND NEWCOMER SERVICES

A non-profit organization providing community learning in literacy, ESL, digital skills, health and safety workshops, and general interest courses. Providing support and resources for newcomers to Canada. Serving the community with free public services such as Wi-Fi, computer access, faxing, upgrading and education information, exam supervision, help with forms and applications, referrals and community information.

Phone: 403-443-5556
Email: admin@kals3hills.ca
Website: www.kals3hills.ca
Location: 409 Main St., Three Hills
Address: Box 639, Three Hills, AB T0M 2A0

MH ENTERPRISES EMPLOYMENT SERVICES

MH Enterprises provides rural community members with high-quality, individualized Employment Services, supporting and guiding clients through informed career and training transitions. Our government-funded programs offer a range of employee and employer supports including wage subsidies, funding for training and employment supports. Outreach services are provided in the Three Hills/Trochu areas every 2 weeks at the Kneehill Adult Learning and Newcomer Services office.

Phone: 403-823-6934 (Outreach Services)
Fax: 403-823-6942
Toll Free: 1-877-823-6934
Email: mhenterprises@drumhellerjobs.com
Website: drumhellerjobs.com
Address: 90 – 3rd Ave. E (4th Floor)
Drumheller, AB T0J 0Y0

EMERGENCY SERVICES – VOLUNTEER FIRE DEPARTMENTS

If it is an emergency, dial 9-1-1

ACME FIRE DEPARTMENT - FIRE STATION 2

Fire Chief: Brian Fradgley
Phone: 403-546-3783
Location: 528 Nolan St., Acme
Address: Box 489, Acme, AB T0M 0A0
Meetings: 1st, 2nd, and 3rd Monday

CARBON FIRE DEPARTMENT - FIRE STATION 1

Fire Chief: Jody Kranzler
Phone: 403-820-2785
Location: 440 Caradoc Ave, Carbon
Address: Box 133, Carbon, AB T0M 0L0
Meetings: 1st and 3rd Tuesday

LINDEN FIRE DEPARTMENT - FIRE STATION 3

Fire Chief: Shawn Klaussen
Phone: 403-888-4394
Location: 115 Central Ave. W, Linden
Address: Box 911, Linden, AB T0M 1J0
Meetings: 2nd and Last Tuesday

THREE HILLS FIRE DEPARTMENT - FIRE STATION 5

Fire Chief: Murray Fenton
Phone: 403-445-1875
Location: 111-1st Ave. NE, Three Hills
Address: Box 610, Three Hills, AB T0M 2A0
Meetings: 1st, 3rd, and 5th Monday

TORRINGTON FIRE DEPARTMENT - FIRE STATION 4

Fire Chief: Jason Michielsen
Phone: 403-443-5541
Location: 101 1st Ave, Torrington
Address: Box 67, Torrington, AB T0M 2B0
Meetings: 1st and 3rd Tuesday

TROCHU FIRE DEPARTMENT - FIRE STATION 6

Fire Chief: Richard Hoppins
Phone: 403-442-3085
Location: 211 Northfield Rd., Trochu
Address: Box 447, Trochu, AB T0M 2C0
Meetings: 1st and 3rd Wednesday

EMERGENCY SERVICES - RCMP

If it is an emergency, dial 9-1-1

THREE HILLS/TROCHU/HUXLEY/SUNNYSLOPE- THREE HILLS DETACHMENT

Office: 403-443-5539
Non-emergency: 403-443-5538
Location: 719-2nd St. N, Three Hills
Address: Box 520, Three Hills, AB T0M 2A0

ACME/LINDEN/SWALWELL- BEISEKER DETACHMENT

Office: 403-947-3420
Non-emergency: 403-947-3496
Location: 75 North Rd., Beiseker
Address: Box 570, Beiseker, AB T0M 0G0

CARBON- DRUMHELLER DETACHMENT

Office: 403-823-7590
Non-emergency: 403-823-2630
Location: 75 Riverside Dr. E, Drumheller
Address: Box 1030, Drumheller, AB T0J 0Y4

TORRINGTON/WIMBORNE- OLDS DETACHMENT

Office: 403-556-3324
Non-emergency: 403-556-3323
Location: 5110-65th Ave., Olds, AB T4H 1L8

MUNICIPAL GOVERNMENT

KNEEHILL COUNTY OFFICE

Provides/administers rural services: water, sewer, garbage, fire, recreation, roads, planning services, and disaster services.

Phone: 403-443-5541 or 1-866-443-5541
Fax: 403-443-5115
Email: office@kneehillcounty.com
Website: www.kneehillcounty.com
Location: 1600 2nd St. NE, Three Hills
Address: Box 400, Three Hills, AB T0M 2A0
Hours: Monday – Friday, 8:30 am to 4:30 pm

THREE HILLS TOWN OFFICE

Provides/administers municipal services: water, sewer, garbage and recycling collection, streets, fire, recreation, Three Hills Cemetery and planning services (including issuing development, building, plumbing, gas and electrical permits and processing subdivisions and Land Use Bylaw amendment applications). Provides emergency services, tourism, and economic development. Issues business licenses, accepts payment of utility bills and taxes.

Office: 403-443-5822
Fax: 403-443-2616
Email: info@threehills.ca
Website: www.threehills.ca
Location: 232 Main St., Three Hills
Address: Box 610, Three Hills, AB T0M 2A0
Hours: Monday – Friday, 8:30 am – 4:00 pm

TROCHU TOWN OFFICE

Provides/administers municipal services: water, sewer, garbage, recycling, streets, recreation, development permits, Trochu Public Cemetery, animal control services, fire/emergency services, bylaw enforcement, tourism and economic development. Offers regional grant writing services to partner municipalities and local organizations within the region. Accepts utility bill and tax payments and issues charitable tax receipts for Trochu Food Bank monetary donations.

Office: 403-442-3085
Fax: 403-442-2528
Email: thrive@townoftrochu.ca
Website: www.town.trochu.ab.ca
Location: 222 Northfield Rd., Trochu
Address: Box 340, Trochu, AB T0M 2C0
Hours: Monday - Friday
8:30 am – 12:00 pm, 1:00 – 4:00 pm

VILLAGE OF ACME OFFICE

Office: 403-546-3783
Fax: 403-546-3014
Email: cao@acme.ca
Website: www.acme.ca
Location: 615A Pacific Ave., Acme
Address: Box 299, Acme, AB T0M 0A0
Hours: Monday - Friday
8:00 am – 12:00 pm, 1:00 – 4:30 pm

VILLAGE OF CARBON OFFICE

Office: 403-572-3244
Fax: 403-572-3778
Email: office@villageofcarbon.com
Website: www.villageofcarbon.com
Location: 238 Hillside Ave., Carbon
Address: Box 249, Carbon, AB T0M 0L0
Hours: Monday - Friday
8:00 am – 4:00 pm

VILLAGE OF LINDEN OFFICE

Office: 403-546-3888
Fax: 403-546-2112
Email: clerk@linden.ca
Website: www.linden.ca
Location: 109 Central Ave. E., Linden
Address: Box 213, Linden, AB T0M 1J0
Hours: Monday – Friday, 8:30 am – 4:30 pm

PROVINCIAL GOVERNMENT

310-FARM

Your first point of contact for Agriculture and Irrigation's programs and resources.

Phone: 403-310-FARM (3276)
Email: 310farm@gov.ab.ca
Website: www.alberta.ca/310-farm

ALBERTA COMMUNITY DEVELOPMENT UNIT SERVICES

Provides (no fee for service, no charge to client) customized capacity building services for non-profit, charitable organizations, social profit organizations, unincorporated collaboratives and committees to help you achieve your solutions. A list of services can be found on the website.

Phone: 403-932-2970
Email: communitydevelopment@gov.ab.ca
Website: www.alberta.ca/community-development-unit

ALBERTA SUPPORTS – COMMUNITY AND SOCIAL SERVICES

Access more than 30 programs and 120 community services for seniors, people with disabilities, job seekers, parents and families, homelessness, financial assistance, abuse and family violence prevention.

Call Centre: 1-877-644-9992
Website: www.myalbertasupports.ca

ALBERTA LAW AND JUSTICE SERVICES

www.alberta.ca/rights-justice-law.aspx

Alberta Law Libraries

A provincial network of law libraries existing to provide research support and information services to the legal community, self-represented litigants and all Albertans.

Website: www.lawlibrary.ab.ca

Civil Claims Mediation

Phone: 403-755-1437
Website: www.alberta.ca/civil-mediation.aspx
Location: Red Deer Court House
Address: 4909 48th Ave., Red Deer, AB T4N 3T5
Hours: Monday – Friday, 8:15 am – 4:00 pm

Correctional Services (Acme and Linden):

Phone: 403-948-7110
Location: 112–1st Ave. NW, Airdrie, AB
(Provincial Building, Room 116)

Correctional Services (Three Hills, Trochu, Carbon and Huxley):

Phone: 403-823-1664
Location: 201 Centre St., Drumheller
(Provincial Building, Main Floor)

Correctional Services (Torrington):

Phone: 403-507-4553
Location: 5025-50th St., Olds, AB
(Provincial Building, Room 112)

Court and Justice Services

Provides a range of resolution and court supports for people involved in legal disputes.

Phone: 1-855-738-4747 or 403-340-7187
Website: www.alberta.ca/court-and-justice-services.aspx

Family Court Counsellor

Get help with preparing for court, accessing the court system and resolving your parenting disputes.

Phone: 403-340-7187
Website: www.alberta.ca/family-court-assistance.aspx

Family Mediation

Phone: 403-355.2414
Website: www.alberta.ca/family-mediation.aspx

Parenting After Separation

Website: <http://pas.albertacourts.ab.ca>

CENTRAL REGION CHILDREN AND FAMILY SERVICES

Central Region Children's Services provide programs and services to meet the safety needs of children and families. The services and programs offered fall under the following categories:

Prevention Services – working with others to help children grow and develop to meet their fullest potential. Supports include Child Care licensing, parent education and awareness, family coaching, etc.
Early Intervention Services – meeting the identified needs of vulnerable children and families. These services include foster care, adoptions, prevention of family violence, kinship care, etc.
Intervention Services – ensuring that children are safe and well. These services are legislated under *the Child, Youth and Family Enhancement Act*. <https://www.alberta.ca/children-and-family-services>

Three Hills, Acme, Sunnyslope, Linden, Trochu, Torrington, Elnora, Huxley and Wimborne

Phone: 403-507-8035
Fax: 403-507-8080
Email: cfs.cenabcfcsa@gov.ab.ca
Location: Ralph Klein Centre
Community Learning Campus, Olds College
4500-50th St., Olds T4H 1P8

Carbon and Area

Phone: 403-823-1767
Fax: 403-823-1683
Email: cfs.cenabcfcsa@gov.ab.ca
Location: 2nd Floor, 180 Riverside Drive E.
Address: Box 2289, Drumheller, AB T0J 0Y0

MEMBERS OF LEGISLATIVE ASSEMBLY

Elected representative of the people in this area. If there are any issues with laws and policies affecting this province or a need for new legislation, an MLA can be contacted for assistance.

Olds-Didsbury-Three Hills Constituency

MLA: Nathan Cooper
Phone: 403-556-3132
Email: OldsDidsbury.Threehills@assembly.ab.ca
Location: 4905 B-50th Ave., Olds
Address: Box 3909, Olds, AB T4H 1P6

OFFICE OF THE PUBLIC GUARDIAN AND TRUSTEE

Make decisions as a last resort for individuals who are unable to make personal and/or financial decisions for themselves. The OPGT does this through the Personal Directives Act, the Adult Guardianship and Trusteeship Act and the Mental Health Act. The OPGT also administers the personal directives registry, and the registry of all court appointed guardians, trustees, and co-decision makers. Video presentations about guardianship, trusteeship, co-decision making or personal directives can be viewed on the website. In person presentations are available upon request. The OPGT also investigates complaints involving guardians, trustees, co-decision makers and agents.

Phone: 403-340-5165
Website: <https://www.alberta.ca/opgt-supports.aspx>
Address: 203, 4920-51st St., Red Deer, AB T4N 6K8

ALBERTA HEALTH SERVICES

www.albertahealthservices.ca

24 HOUR HEALTH LINK ALBERTA

Phone: 811 or 1-866-408-5465
Website: www.myhealth.alberta.ca

24 HOUR MENTAL HEALTH SUPPORT

Phone: 1-877-303-2642

24 HOUR ADDICTION SUPPORT

Phone: 1-866-332-2322

ACCESS ADDICTION AND MENTAL HEALTH

Non-urgent telephone screening service that supports Albertans to access addiction and mental health resources.

Phone: 1-888-594-0211

RECOVERY ALBERTA - ADDICTION AND MENTAL HEALTH

Provide professional help for adults, children and their families experiencing difficulties with addictions or their mental health. Services include addiction services, one-to-one adult therapy, child and adolescent therapy, outreach services, community development and education, geriatric nurse specialist and tele mental health consultations for physicians, therapists and clients engaged in therapy (i.e. psychiatry, referrals to inpatient mental health services, and referral to provincial programs such as eating disorders, forensics and diversion services, community treatment orders and concurrent disorder and/ brain injury treatment).

ADDICTIONS AND MENTAL HEALTH WALK-IN CLINICS

A NON-CRISIS drop-in service (no appointment necessary), where individuals receive a single session with one of our counsellors for immediate counselling support. This is open to ages 16+. Anyone younger must have a parent/guardian in attendance.

Three Hills Walk In Clinic

Location: Three Hills Addiction and Mental Health Clinic - Provincial Building
Address: 128-3rd Ave. SE, Three Hills
Hours: Tuesday and Thursday, 1:00 – 3:00 pm

Drumheller Walk In Clinics (2 locations)

Location: Drumheller Addiction and Mental Health Clinic – Drumheller Health Centre
Address: 351 9 St. NW, Drumheller
Location: Prov Building, Probation Office (Main Floor)
Address: 201 Centre St., Drumheller
Hours: Wednesday, 12:00 – 4:00 pm

THREE HILLS ADDICTION AND MENTAL HEALTH CLINIC

Provides coverage to Three Hills, Carbon, Acme, Linden, Torrington, Trochu, Huxley, Elnora

Location: Provincial Building Office
Address: 128-3rd Ave. SE, Three Hills
Phone: 403-443-8532

Addiction Services: weekly outpatient treatment services to all age individuals with, or impacted by alcohol, drug, tobacco, or gambling problems. Referrals can be made to adolescent and adult inpatient programs. Prevention/education programs are available for community and schools.

Adult Short-Term Assessment and Counselling - mental health counselling to those over the age of 18.

Assertive Outreach: services for adults with a chronic and persistent mental health problem.

Children and Adolescent Mental Health Assessment and Counselling: services for children and adolescents with mental health concerns and information for families.

Mental Health Hospital Liaison/Access and Early Intervention

Program: provides early intervention mental health services (e.g. crisis intervention, brief counselling, and education) to adults, children and their families and refer to other community resources as required.



Seniors Mental Health Outreach Nurse: provides assessments for adults over the age 65 with depression and dementia concerns. Referrals for this program can be made through your family doctor, homecare, long term care facility, or locum doctor.

Walk-In Mental Health Therapy: A NON-CRISIS drop-in service (no appointment necessary), where individuals receive a single session with one of our counsellors for immediate counselling support. This is open to ages 16+. Anyone younger must have a parent/guardian in attendance. No appointment necessary.

ALBERTA HEALTHY LIVING PROGRAM – CENTRAL ZONE

AHLP workshops are for Albertans interested in learning how to manage chronic conditions and live healthier. Family, friends, and caregivers are also welcome to attend. We recommend participants can participate in group settings, can understand basic English, and are at least 18 years of age. Workshops vary by community and cover; disease specific education for adult weight management and cardiovascular health; general health topics such as nutrition, reducing stress, managing emotional eating and sleeping well; supervised exercise programs. Workshops are led by healthcare professionals including health educators, registered dietitians, registered nurses and exercise specialists. Classes offered online.

Phone: 877-314-6997
Website: www.ahs.ca/ahlp

BIG COUNTRY PRIMARY CARE NETWORK (PCN)

PCNs are a made-in-Alberta approach to improving access, and better coordinating healthcare for patients. The PCN is a network of family physicians and other health providers such as RNs, LPNs, Nurse Practitioners, Mental Health therapists, patient referral navigators and wellness coordinators who work together to provide for the healthcare needs of the population.

Phone: 403-443-5522
Website: www.bigcountrypcn.com
Location: Kneehill Medical Clinic
1520 2nd St. NE, Three Hills
Address: Box 220, Three Hills, AB T0M 2A0

CHILDREN'S REHABILITATION SERVICES

Assist children from 0 to 18 years of age, who may be experiencing developmental delays. Our intake social workers can discuss any concerns you may have regarding your child's communication, gross motor, fine motor, feeding, sensory, gait, head shape or equipment concerns. Our therapy team consists of Speech Language Pathologists, Occupational Therapists and Physical Therapists. Our therapists work with parents to help their children be active and reach developmental milestones within their home & community. Services are voluntary and covered through AB health care. In addition to virtual health services, supports are provided primarily out of the Drumheller & Three Hills hospitals. Self-referrals are accepted, as well as those from physicians and other providers.

Phone: 1-855-414-5272

DRUMHELLER HEALTH CENTRE

Services to the communities of Carbon and Drumheller include acute care, continuing care, 24-hour emergency, mental health, and public health.

Address: 351 9 St. NW, Drumheller
Phone: 403-823-6500

EARLY CHILDHOOD INTERVENTION PROGRAM

The Early Childhood Intervention Program (ECIP) provides in-home support to families of infants and children with developmental delays or disabilities up to 5 years of age. ECIP providers work with families who may benefit from additional support using a home-based, family centered, and strength-based approach to services. The Early Intervention Program is free, voluntary and flexible to accommodate different goals, priorities and choice of individual families. Self-referrals are accepted, as well as those from physicians, Public Health Programs, and community agencies. Services are provided in the communities of Bowden, Drumheller, Elnora, Hanna, Innisfail, Olds, Sundre, Three Hills and surrounding areas.

Phone: 1-855-414-5272

ELNORA COMMUNITY HEALTH CENTRE

Services to the communities of Trochu, Huxley, Torrington, Delburne, Elnora, Wimborne and Pine Lake Areas

Phone: 403-773-3636
Location: 425 8 Ave. Elnora

HEALTH PROMOTION

Empowering communities to improve factors that determine the health of their population. Coverage areas are Kneehill County, Starland County/Drumheller, and Special Area 2.

Phone: 403-741-6738
Email: kristine.bellingham@ahs.ca
Location: Drumheller Provincial Building
Address: 201 Centre St.
Drumheller, T0J 0Y0

KNEEHILL MEDICAL CLINIC

Central Booking: 403-443-5522
Fax: 403-443-5497
Email: info@kneehillmedicalclinic.ca
Website: www.kneehillmedicalclinic.ca
Location: 1520 2nd St. NE, Three Hills
Address: Box 220 Three Hills, AB T0M 2A0
Hours: Monday – Thursday, 9:00 am – 4:30 pm
Friday, 9:00 am – 1:00 pm

PUBLIC HEALTH NUTRITION

Population and Public Health dietitians working with local, regional and provincial partners to positively impact the nutritional health and well-being of our communities

Phone: 403-443-8059

HEALTHY SCHOOLS

Work in partnership with school authorities across Alberta and use the comprehensive school health framework to help make schools healthier places for students and staff to learn, work, play and grow.

Contact: Christine Vokins
Phone: 403-391-1660
Email: Christine.Vokins@ahs.ca
Address: Box 659, Elnora, AB T0M 0Y0

ST. MARY'S HEALTH CARE CENTRE

Long Term Care, Spiritual Care, Meals on Wheels, Massage Therapy, Foot Care Clinic, Assisted Living/ Lodge, Lab (blood collections, ECG's, halter monitors and blood pressure monitors.

Phone: 403-442-3955
Lab: 403-442-3995 ext. 269
Location: 451 deChauney Ave, Trochu
Address: Box 100, Trochu, AB T0M 2C0
Hours: Monday – Friday, 8:00 am – 4:00 pm

THREE HILLS HEALTH CENTRE

Emergency, Medical, Obstetrics, Palliative, Lab/X-Ray, Dietary/ Nutrition, Long Term Care and attached Community Health Wing

Phone: 403-443-2444
Location: 504-2nd St. NE, Three Hills
Address: Box 340, Three Hills, AB T0M 2A0

THREE HILLS COMMUNITY HEALTH

Home Care, Physiotherapy, Occupational Therapy, Respiratory Therapy, Mental Health, Continuing Care Counselling, Home Care, Speech/Language Assessment/Therapy for Children/Adults and Children's Rehabilitation Services.

Phone: 403-443-5355

THREE HILLS PUBLIC HEALTH

Well Child and Adult Immunization Clinics, International Travel Clinic, Prenatal Referral & Support, Prenatal classes (fee applies), Postnatal Follow-up and Breastfeeding Support, Post-Natal Classes, School Health, Annual Influenza Immunization, Oral Health, Adult/Senior Health, Environmental Health, Communicable Disease Control, Drinking Water Analysis, Food Industry Inspections, Early Intervention Program, Baby Steps Program.

Phone: 403-443-5355

Kneehill Regional FCSS:
Working with the municipalities of
Acme, Carbon, Kneehill County,
Linden, Three Hills and Trochu.

FEDERAL GOVERNMENT

CANADA POST CORPORATION

www.canadapost-postescanada.ca

General Inquiries: 1-800-607-6301
Acme: 403-546-3092
Carbon: 403-572-3640
Linden: 403-546-2661
Three Hills: 403-443-5616
Trochu: 403-442-4220
Torrington: 403-631-3893
Wimborne: 403-631-3785

MEMBER OF PARLIAMENT BATTLE RIVER - CROWFOOT

MP: Damien C. Kurek
Phone: 1-800-665-4358 or 403-575-5625
Email: Damien.Kurek@parl.gc.ca
Address: 4945-50th St., Camrose, AB
T4V 1P9

SERVICE CANADA

Single point of access to a wide range of government services and benefits.

General Enquiries: 1-800-622-6232 (O Canada)
Website: www.canada.ca
eServices: <https://eservices.canada.ca/en/service/>
Passport Appt: <https://eservices.canada.ca/en/reservation/>
Social Insurance: 1-866-274-6627

Canada Pension Plan:

Retirement Pension, Post Retirement Benefit, Disability Benefits, Survivor Pension, Pension Sharing, Credit Splitting, Death Benefit, Children's Benefits.

Phone: 1-800-277-9914

Old Age Security:

Old Age Security Pension, Allowance, Allowance for the Survivor, Guaranteed Income Supplement, Old Age Security Identification Card
Phone: 1-800-277-9914

Employment Insurance:

Regular Benefits, Maternity and Parental Benefits, Sickness Benefits, Compassionate Care Benefits, Fishing Benefits, Parents of Critically Ill Children, Family Supplement
Phone: 1-800-206-7218

HELPING SERVICES AND SUPPORT GROUPS

ACCREDITED SUPPORTS TO THE COMMUNITY (ASC)

Since 1974 ASC has provided home and community supports to children and adults with special needs and their families. This includes in-home workers who can assist a child and family with behavioural challenges and developmental growth or a support worker for community access and respite care.

Phone: 1-866-556-4122
Email: main@asc-mva.ab.ca
Website: www.asc-mva.ab.ca
Locations: 4322-50th Ave., Olds
216 4th Ave Strathmore
44 Gateway Drive NE., Airdrie
Box 3940, Olds, AB T4H 1P6
Address:



ADDICTION SUPPORT GROUPS

A variety of support groups are available in Drumheller for those experiencing issues with addictions.

Contact: Drumheller Health Centre
Phone: 403-820-7863

Alcoholics Anonymous (AA) meetings are available in Three Hills and Linden. A list of meeting locations closer to you can be found at www.calgaryaa.org/meetings

Three Hills AA

Contact: David, 403-443-8406
Meetings: Monday, 7:00 pm
Contact: Jed, 306-616-0043
Meetings: Wednesday, 7:00 pm
Contact: Morley, 403-443-7970
Meetings: Thursday, 8:00 pm
Location: Knox United Church
108 5th Ave. S, Three Hills

Linden AA

Contact: Gina Boese, 587-876-2677
Lloyd Isaac, 403-369-0891
Meetings: Wednesday, 7:30 pm
Location: Linden Alliance Church
614 Central Ave. W, Linden

AIRDRIE P.O.W.E.R

A non-profit organization that seeks to provide women with the means to leave an abusive environment through emergency resources, education and empowerment, thus creating a safe and sustainable community.

Phone: 403-960-0644
Client Text Line: 403-891-9409
Email: info@airdriepower.com
Website: www.airdriepower.com

ALBERTA LUNG ASSOCIATION

Phone: 1-888-774-LUNG (5864)
Email: info@ablung.ca
Website: www.ablung.ca

ALZHEIMER SOCIETY

Offers programs and services free of charge to individuals living with dementia, their families, and care partners. Provide information, education and support.

Toll Free: 1-866-950-5465
Website: www.alzheimer.ca

ARTHRITIS SOCIETY

Phone: 1-800-321-1433
Email: info@arthritis.ca
Website: www.arthritis.ca

CANADIAN CANCER SOCIETY

Phone: 1-888-939-3333
Email: info@cancer.ca
Website: www.cancer.ca

CANADIAN RED CROSS

24-hour Emergency Social Services for individuals and families impacted by an unforeseen disaster. Ready Rating is a free, web-based emergency preparedness planning program that helps organizations become better prepared to respond effectively and recover quickly from disasters and other emergencies.

Phone: 1-888-800-6493
Email: readyrating@redcross.ca
Website: www.redcross.ca / www.readyrating.ca

CENTRAL ALBERTA WOMEN'S EMERGENCY SHELTER

24-hour crisis counselling, temporary safe accommodations, rural outreach, and referrals to other services. Walk-in and phone-in counselling available. Public education on family violence.

Phone: 1-888-346-5643
Crisis Text Line: 403-506-0485
Email: generalinfo@cawes.com
Website: www.cawes.com
Address: Box 561, Red Deer, AB T4N 5G1

CITIZENS ON PATROL

Volunteers work with local RCMP to add to the safety of the community.

Three Hills: Joan Bookema, 403-443-2485
threehillscop@gmail.com
Linden: Flo Robinson, 403-818-4495
lindencop@gmail.com
Carbon: Gord Arvidson, 403-820-0437
carboncopsolutions@gmail.com

COMMUNITY CLOSET

Volunteers run this FREE shop that offers and accepts donations of new and gently used clothing, outerwear, footwear and some baby items.

Open Tuesdays 6:00 – 8:00 pm and Wednesdays 9:00 am – 1:00 pm.

Phone: 403-443-0403
Email: community.closet2018@gmail.com
Facebook: Community Closet Trochu and Area
Location: 407 Royal Way (east entrance), Trochu

COMMUNITY LEGAL CLINIC

Free legal services to people who financially qualify but are not eligible for Legal Aid. Service is provided through pre-booked appointments.

Phone: 1-877-314-9129
Email: info@communitylegalclinic.net
Website: communitylegalclinic.net
Location: 106, 4916 50 St., Red Deer

FAMILY RESOURCE NETWORK- DRUMHELLER, HANNA, THREE HILLS AND AREAS (FRN)

The FRN focuses on prevention and early education services for families and youth aged 0-18. Services are provided through a "Hub and Spoke" model, with programs geared towards early child development, child and youth development, parent education, family support and home visitation. Support services are delivered directly through the FRN hub, or through our spoke partners (Accredited Supports to the Community and Wheatland County Counselling), and range from general programming, to targeted groups and intensive counselling supports.

Contact: Melissa Gress
Phone: 403-820-3573
Email: melissa.gress@mcmancentral.ca
Location: 601 7th St. E, Drumheller, AB T0J 0Y5

FAMILY WELLNESS PROGRAM

Family Wellness Workers provide confidential social/emotional support to children, youth, and families, preventive educational programming and information/referral. This service is offered free to residents in the Kneehill area.

Central Office
Phone: 403-443-3800
Three Hills/PCA/Carbon
Contact: Yvonne Wilson
Phone: Three Hills, 403-443-2460
PCA, 403-443-2460
Carbon, 403-572-3448
Email: yvonne@krfcss.com
Acme/Linden/Trochu
Contact: Kaylee Schultz
Phone: Acme, 403-546-4379
Linden, 403-546-2594
Trochu, 403-443-4214
Email: kaylee@krfcss.com

FOOD BANKS

Acme/Linden Food Bank

Provide emergency relief food and supply Christmas hampers.

Acme Contacts: Carol Kostrosky, 403-620-0176
Linden Contact: Sonia Ens, 780-228-3255

Carbon Valley Community Church Food Bank

Phone: 403-572-3515
Location: 414 Aberdeen Ave., Carbon

Three Hills and Area Food Bank

Provide emergency relief food and supply Christmas hampers.

Phone: 403-443-1005 (please leave message)
Location: 1041 2nd St. NE, Three Hills (lane access)

Trochu and District Inter-Church Food Bank

Provide and deliver emergency relief food and supply Christmas hampers

Phone: 403-442-3085

HEALTHY FAMILIES

Program through Accredited Supports to the Community serving the Drumheller, Three Hills, Hanna Family Resource Network. Healthy Families can provide families with information and support that will assist with larger issues that impact parenting. We support parents and caregivers to build on a foundation for strong family functioning. Guidance, referral and support is offered to families facing challenges, building on a family support network and enabling families to cope with stressors. Call us today to find out if this free program is right for you! Parent-Child Assistance Program (PCAP) is an intensive home visitation, relationship-based service, involving collaborative work with community resources, including such strategies as substance use treatment, planned pregnancies and parenting resources. Reducing risk by addressing the health and well-being of women and their children.

Program Director: Lisa Sauve
Phone: 403-556-4122 or 403-586-0665
Fax: 403-556-6480
Email: main@asc-mva.ab.ca
Website: www.asc-mva.ab.ca
Office: 4322-50th Ave., Olds AB
Address: Box 3940, Olds, AB T4H 1P6

HEART AND STROKE FOUNDATION

Phone: 1-888-473-4636
Website: www.heartandstroke.ca

HELPING HANDS HOME SUPPORT SERVICES

Offers personalized support services for seniors in their homes or in facility care. Programs developed to meet individual needs. Serves Three Hills, Drumheller, Hanna as well as Red Deer and surrounding communities.

Phone: 403-364-2476
Email: hq.helpinghands@gmail.com
Website: www.helpinghandshomesupport.com

KIDSPORT KNEEHILL

KidSport Kneehill is coordinated by community volunteers to assist economically disadvantaged families living in the Kneehill area to access sport opportunities.

Contact: Shelley Jackson-Berry
Phone: 403-443-3800
Email: kneehill@kidsport.ab.ca
Address: Box 416, Three Hills, AB T0M 2A0

KINDRED – RAPID ACCESS COUNSELLING

Provides "one-at-a-time" single session counselling that is solution oriented and available for all Albertans. Fees are pay-what-you-can, with no financial assessment. Sessions are free for individuals under 18 and their caregivers. Book online anytime of day or contact Kindred and hear back within one business day. Sessions available by phone and video.

Phone: 1-877-244-2360
Email: intake@kindred.ca
Online Booking: www.RACAlberta.ca

KNEEHILL ADDICTION RECOVERY NETWORK

Phone: 587-321-KARN (5276)
Email: mail@karnonline.org
Website: www.karnonline.org

KNEEHILL COUNTY FURNITURE BANK

A nonprofit charitable organization that is helping people establish their homes. Accepts cash donations and gently used furniture and household goods to distribute to people in need.

Contact: Nicole Isley, 780-991-6127
Trish Mandel, 403-651-7583
Donations: donation@lindenalliance.com

KNEEHILL DEMENTIA FRIENDLY COMMUNITIES

A group of people working towards communities where people living with dementia (PLWD) and their caregivers are understood, respected, supported and included. Programs and awareness are the main initiatives.

Contact: Shelley Jackson Berry
Phone: 403-443-3800
Email: kneehilldementiafriendly@gmail.com
Website: dementia.seniorso.ca/home

KNEEHILL FAMILY AND MARRIAGE COUNSELLING

This program provides counselling for Kneehill area residents who are experiencing family and/or marriage relationship challenges. This program can be accessed by contacting one of the Family Wellness Workers or the Director of Kneehill Regional FCSS.

Phone: 403-443-3800

KNEEHILL GRANT WRITER

Can assist any non-profit group or organization in Kneehill County with the entire grant writing process, including researching, writing and reporting.

Email: grantwriter@townoftrochu.ca

KNEEHILL INTERAGENCY GROUP

Develops effective communication and cooperation between agencies and organizations in the Kneehill area.

Contact: Kneehill Regional FCSS

Phone: 403-443-3800

Email: angie@krfcss.com

Location: 779 2nd St., NE, Three Hills

KNEEHILL REGIONAL FAMILY AND COMMUNITY SUPPORT SERVICES (FCSS)

Working for the municipalities of Acme, Carbon, Kneehill County, Linden, Three Hills and Trochu to enhance the social well-being of individuals, families and communities. Kneehill Regional FCSS provides information and referral and some direct services. Provides funds to Seniors Outreach, the Family Wellness Program, Kneehill Family and Marriage Counselling and the Kneehill Community Support Coach.

Director: Shelley Jackson-Berry

Phone: 403-443-3800 or 403-443-0793

Email: shelley@krfcss.com

Website: www.krfcss.com

Location: 779 2nd St. NE, Three Hills

Address: Box 400, Three Hills, AB T0M 2A0

LEGAL AID ALBERTA

Legal services for low-income Albertans. Legal Aid Alberta is an independent, publicly funded, not-for-profit organization that provides affordable legal services in family law, domestic violence, child welfare, immigration, and youth and adult criminal defense.

Phone: 1-866-845-3425

Website: www.legalaid.ab.ca

LENDING CUPBOARD SOCIETY OF ALBERTA

A registered charity that lends a wide variety of medical equipment to central Albertans at no cost. Check their website for more detailed information or contact their office during regular office hours.

Phone: 403-356-1678

Email: contact@lendingcupboard.ca

Website: www.lendingcupboard.ca

Location: #1-7803 50th Ave.

Red Deer, AB T4P 1M8

Hours: Monday – Friday, 9:00 am to 4:30 pm

MONEY MENTORS

Money Mentors is the only Alberta-based, not-for-profit credit counselling agency that educates Albertans in personal money management and the wise use of credit, and to provide alternatives for families and individuals facing financial crisis.

Phone: 1-888-294-0076

Website: www.moneymentors.ca

MULTIPLE SCLEROSIS SOCIETY OF CANADA

Contact: 1-800-268-7582

Email: info@mssociety.ca

PARKINSON ASSOCIATION OF ALBERTA

Phone: 1-800-561-1911

Email: info@parkinsonassociation.ca

Website: www.parkinsonassociation.ca

REHOBOTH CHRISTIAN MINISTRIES

Services to adults with developmental disabilities.

Phone: 403-443-2239

Location: 523 Main St., Three Hills

Address: Box 602, Three Hills, AB T0M 2A0

SOUTHERN ALBERTA REGIONAL VICTIM SERVING SOCIETY (VICTIM SERVICES)

The Southern Alberta Regional Victim Serving Society (SARVSS) provides a broad range of services under the Victims of Crime and Public Safety Act and Regulation, and in partnership with the Government of Alberta, the Alberta RCMP, specialized and community-based victim serving organizations, municipalities, and other local agencies. SARVSS assists victims of crime throughout the criminal justice process by providing the core services of information, support, and referrals. SARVSS also supports communities by providing resources and support to people undergoing loss and tragic circumstances. Contact your local RCMP detachment.

TAKE OFF POUNDS SENSIBLY (TOPS)

Three Hills

Contact:

Location:

Meetings:

Weigh In:

Ginger Estabrooks, 403-443-7133

Knox United Church, Three Hills

Fridays, 9:00 – 10:00 am

8:00 – 8:50 am

Trochu

Contact:

Location:

Meetings:

Weigh In:

Pam Bezanson, 403-442-2259

Trochu Arena, East Door

Thursdays, 8:45 – 9:50 am

Thursdays, 8:15 – 8:45 am

TORRINGTON WELLNESS CENTRE

A variety of services are available

Contact:

Email:

Susan MacKenzie, 403-631-3700

tallulah_41@yahoo.ca

TRUE NORTH EMERGENCY SHELTER

True North (formerly Wheatland Crisis Society) offers emergency shelter, a 24-hour crisis & support line, crisis counselling, outreach services, early intervention, court support, and public education. True North serves women, children, men, and anyone on the LGBTQ2+ spectrum in the Strathmore, Drumheller, Kneehill, Siksika, Carlsland and greater area! All services are free and do not require referral.

Toll-Free: 1-877-934-6634

Address: Box 2162, Strathmore, AB T1P 1K2

Email:

Website:

general@truenorth.com

www.truenorthab.com

SPORTS AND RECREATION

4H GROUPS

Huxley 4H Beef Club

The club is a beef project where participants raise steers and breeding females. Anyone 9-21 years of age can join.

Leader: Charlotte Johnson, 403-556-0091

Email: huxley4hbeefclub@gmail.com

Location: Huxley Hall

Meetings: 2nd Thursday, 7:00 pm

Kneehill 4H Multi-Club

Projects include crafts, vehicle maintenance, archery, leathercraft and more. Learn new skills, create new friendships, and have lots of fun!

Leaders: BJ Denby, 403-836-1466

Lee-Ann Moren, 403-443-3374

Email: kneehillmulti@gmail.com

Location: Dr. Elliott School

Meetings: 2nd Tuesday, 7:00 pm

Swalwell 4H Club

Market steers, beef females and carcass projects. Meet new friends and learn to do by doing.

Leader: Kelli Becker, 403-669-3411

Location: Swalwell Hall

Meetings: 2nd Monday

Three Hills/Ghost Pine 4H Beef Club

Helps foster responsibility and create positive lifestyles.

Leader: Tanner and Nicole Kubinec, 403-443-1215

Email: tnkubinec@hotmail.com

Location: Three Hills School

Meetings: 2nd Monday, 7:00 pm

ACME AND DISTRICT GOLF CLUB

Nine-hole golf course with grass greens.

Email: acmegolfclub@hotmail.com
 Website: www.acmegolfclub.com
 Location: NE of the Village of Acme
 Address: Box 581, Acme, AB T0M 0A0
 Clubhouse: 403-546-4020

ACME CURLING CLUB

The rink consists of three sheets of artificial ice, buttonhole cameras over far away houses, complete with a kitchen, lockers, a bar and two viewing areas. The space is available for curling meetings, public meetings and social functions.

President: Paul Wiebe
 Phone: 403-510-9260
 Email: paulwiebe2@gmail.com
 Address: Box 11, Acme, AB T0M 0A0

ACME HERITAGE RACQUETBALL CLUB

One racquetball and one squash court, as well as a beach volleyball and wallyball court attached to Acme School.

Contact: Albert Neufeld, 403-371-8586
 Bookings: acmeheritageclub@gmail.com
 Address: Box 128, Acme, AB T0M 0A0

ACME KARATE ASSOCIATION

Martial Arts instruction for ages 5 and up.

Contact: Chris Smeltzer
 Phone: 587-580-8772
 Email: acmekarate@gmail.com

ACME/LINDEN BASEBALL ASSOCIATION

Email: acmelindenbaseball@gmail.com

ACME/LINDEN SOCCER ASSOCIATION

Email: acmelindensoccer@gmail.com

ACME OUTDOOR SWIMMING POOL

Contact: 403-546-3071
 Email: acmeswim@gmail.com

ACME OUTDOOR SKATING RINK

Contact: Village Office, 403-546-3783
 Email: clerk@acme.ca

CARBON CENTENNIAL SWIMMING POOL

Open from May to August.

Phone: Village Office, 403-572-3244
 Pool, 403-572-0006
 Address: 235 Caradoc Ave, Carbon

CARBON CURLING CLUB

Location: 237 Caradoc Ave, Carbon
 Email: carboncurlingclub.ag@gmail.com

CARBON MINOR BASEBALL ASSOCIATION

Runs April through June. Ages 5 and up

Contact: Dannel Barnes, 403-334-0200
 Email: baseballcarbon@gmail.com

DANCE CELEBRATION

Dance instruction for ages 3 to adult.

Contact: Ashley Savage, 403-445-1785
 Email: 3hillsdancecelebration@gmail.com
 Website: www.threehillsdancecelebration.com

GENESIS BIKE AND BOARD SKATE PARK

BMX and skateboard club.

Contact: AJ and Thea Walker
 Phone: 403-443-5911 (daytime)
 403-443-3312 (evenings and weekends)

GHOST PINE ATHLETIC (THREE HILLS-RURAL)

This club is a baseball organization.

Contact: Ted Kubinec, 403-443-7358

HILLSIDE LANES BOWLING

5 pin, six lanes with glow bowling. Computerized scoring. Public bowling, kids bowling, leagues (youth and adults) and parties.

Contact: Deb Watson
 Phone: 403-443-2003
 Address: 207 Main St., Three Hills, AB

KNEEHILL ARCHERS & BOW HUNTERS

Welcomes all ages & skill levels. Bows are available for new archers to try. Members are encouraged to have their own equipment.

Contact: Don Collins, 403-993-5282
 Location: Trochu Community Centre Basement
 Meetings: Wednesday, 7:00 pm

KNEEHILL AREA RECREATIONAL HOCKEY ASSOCIATION

Contact: Steve Larocque
 Email: KARHA2023@gmail.com
 Website: www.kneehillstorm.com

KNEEHILL MINOR HOCKEY

Contact: Mike Arvidson
 Email: preskmha@gmail.com
 Website: www.kneehillminorhockey.ca

KNEEHILL MIXED SLO-PITCH LEAGUE

Contact: Randi Fenton, 403-585-0160

THREE HILLS AQUATIC CENTRE

Includes indoor pool, waterslide, outdoor splash park and weight/exercise room. Variety of programs offered. Schedules available at pool or online.

Pool: 403-443-2111 (Schedule line)
 Office: 403-443-2166
 Email: pool@threehills.ca
 Website: www.threehills.ca/pool
 Location: 221 4th Ave. NE
 Address: Box 610, Three Hills, AB T0M 2A0

THREE HILLS CURLING CLUB

Operated by volunteer board. Curling and Bonspiels occur from November to March.

Email: threehillscurlingclub@gmail.com
 Location: 218-3rd Ave. NE, Three Hills

THREE HILLS GOLF CLUB

Clubhouse: 403-443-5065
 Email: threehillsgolfclub@gmail.com
 Website: www.threehillsgolfclub.ca

THREE HILLS GYMNASTICS CLUB

Location: Three Hills Community Centre
 Email: threehillsgymnastics@gmail.com

THREE HILLS KARATE

Contact: Dawn Kinsey, 403-443-1193

THREE HILLS MINOR BALL

Contact: Randi Fenton, 403-585-0160
 Email: three.hills.minor.ball@gmail.com

THREE HILLS SKATING CLUB

Email: 3hillsskatingclub@gmail.com
 Location: 202-3rd Ave. NE (Three Hills Arena)

THREE HILLS SOCCER ASSOCIATION

Website: www.threehillssoccer.ca

THREE HILLS STREET FREAKS CAR CLUB

Email: threehillsstreetfreaks@gmail.com

TORRINGTON ARENA AND CURLING CLUB

Contact: 403-631-2163
 Email: torringtonag@gmail.com
 Bookings: torringtonarena.com/rentals/

TROCHU DANCE TROUPE

Offers recreational and competitive classes for dancers of all ages!

Email: trochudancetroupe@gmail.com
Website: www.trochudancetroupe.com

TROCHU GOLF AND COUNTRY CLUB

This excellent course features 9 holes, grass greens, a licensed clubhouse, camping and full tournament facilities. Public Welcome! Open April – October.

Phone: 403-442-2747
Email: trochugolfandcountry@hotmail.com
Website: www.trochugolf.com
Location: 101 Devilder Ave.

TROCHU GUN CLUB

Target practice and trap shooting. Must be a resident of Kneehill County.

Contact: Allen Capnerhurst, 403-396-0242
Memberships: Gord and Deb Ruddell, 403-442-4236
Location: Trochu Community Centre Basement

TROCHU POTTERY CLUB

Contact: Thelma Enzie, 403-442-2541
Location: Trochu Community Centre Basement

COMMUNITY HALLS AND CENTRES

www.kneehillcounty.com/2240/Rural-Community-Halls

SERVICE ASSOCIATIONS – VOLUNTEER

AGRICULTURAL SOCIETIES

Acme and District Agricultural Society

Promotes and encourages activities that meet the needs of members. Supports various groups in Acme and the surrounding communities.

Email: acmeagsociety@gmail.com
Website: www.acmeag.ca
Meetings: As required

Carbon and District Agricultural Society

Email: carboncurlingclub.ag@gmail.com
Location: Curling Club
Address: Box 213, Carbon, AB T0M 0L0
Meetings: As required

Linden and District Agricultural Society

Provide leadership and resources to enhance the community. Sponsors events, programs and scholarships, provides financial support to other community programs, partners with local and regional businesses, governments, and organizations. Current events are Volunteer Appreciation Night, Sports Day, Fall Fair, and Christmas Light Up Celebration.

Contact: Jamie Collins, 403-443-0766
Email: lindenagsociety@gmail.com
Location: Linden Clubhouse
Address: 1st St. SE, Linden
Meetings: 4th Thursday, 7:00 pm

Three Hills and District Agricultural Society

Supports the Farmers Market and promotes agricultural services and educational programs.

Contact: Alan Gorman, 403-443-0246
Email: 3hillsagsociety@gmail.com

Three Hills Farmers Market

Operates Tuesdays 10:00 am – 1:00 pm June to September. Christmas Market is held in November.

Contact: Cathy Baglole, 403-870-3155
Email: threehillsfarmersmarket@gmail.com
Location: Three Hills Curling Club

Torrington and District Agricultural Society

Responsible for the operation of all aspects of the Torrington Arena.

Contact: Alisa Kolenosky, 403-415-5785
Chester Block, 403-445-1743
Phone: 403-631-2163
Email: torringtonag@gmail.com
Website/Bookings: www.torringtonarena.com

Trochu and District Agricultural Society

We bring exciting agricultural experiences to Trochu and surrounding areas. Our fully equipped arena hosts thrilling rodeos and clinics. From action packed events to educational workshops, we celebrate our rural roots and foster agricultural passion.

Contact: Lynnette De Beaudrap, 403-588-5826
Jaime Martel, 403-443-0635
Email: trochu.agsociety@outlook.com
Location: 239 North Rd, Trochu
Address: Box 543, Trochu, T0M 2C0
Meetings: 3rd Monday

BENEVOLENT PROTECTIVE ORDER OF ELKS

A fraternal organization and service club whose prime goal is community service. Any male over 16 years of age may join. Support many worthwhile community projects through casino and local fundraisers.
www.elksocalberta.ca

Acme Branch

Exalted Ruler: Cory Ward, 403-888-6110
Secretary: Douglas Miller, 403-650-6086
Email: acmeelks216@gmail.com
Location: Acme Community Centre
Address: Box 371, Acme, AB T0M 0A0
Meetings: Last Tuesday, 7:30 pm

Three Hills Branch

Exalted Ruler: Mike Reynolds Sr., 403-443-0122
Secretary: Ella Lammle, 403-443-3286
Email: threehillselks190@gmail.com
Location: Three Hills Community Centre
Address: Box 93, Three Hills, AB T0M 2A0
Meetings: 3rd Tuesday, 7:00 pm

Trochu Branch

Exalted Ruler: Paul Frere, 403-442-2685
Contact: John Hoppins, 403-442-2572
Location: Trochu Community Centre
Address: RR2, Trochu, AB T0M 2C0
Meetings: 1st Tuesday, 8:00 pm

HUXLEY COMMUNITY ASSOCIATION

Represent the community, organize dances and manage the curling rink and community hall.

Contact: Christina Hoppins, 403-358-8960

KNIGHTS OF COLUMBUS

This is a charitable Catholic Men's Organization that raises money for social needs.

Contact: Kevin Kubinec, 403-442-2453
Joe Kubinec, 403-443-5653
Location: St. Joseph's Catholic Church
109-6th Ave. N, Three Hills
Meetings: 4th Tuesday, 8:00 pm, except in July, August & December

LIONS CLUB

Carbon Lions Club

Donates to causes such as schools, 4-H, STARS.
Contact: Terry Reed, 403-572-3626
Location: Carbon Community Hall
Address: Box 392, Carbon, AB T0M 0L0
Meetings: 2nd and 4th Wednesday, 7:00 pm

Torrington Lions Club

The club supports local and international needs.
Contact: Dan Davy, 403-631-3844
Location: Ron Gorr Memorial Arena
Meetings: 2nd Tuesday, 8:00 pm

MASONIC LODGE (ACME/IRRICANA)

Community donations and school scholarships.

Contact: Tony Gize, 587-777-2359
Secretary: Robert Park, 403-443-0145
Email: AcmeIrricanaMasons@gmail.com
Location: Corner of 2nd St. and 2nd Ave. Irricana
Meetings: 3rd Thursday, 7:30 pm

NEW NEIGHBOUR PROGRAM

Welcoming new neighbours to the Trochu/Torrington area with support from local businesses and organizations.

Contact: Deb Ruddell, 403-443-1487
Email: info@trochuministerial.ca

PRAIRIE ROSE REBEKAH LODGE

Prairie Rose Rebekah Lodge is open to men and women. This organization sponsors eye research and a public speaking contest for students. The winner gets an expense paid trip to the United Nations in New York. Raise funds with monthly soup and sandwich meals and operate a casino every 3 years. They do a barbeque once a year for Linden nursing home. Donates to local groups in the Acme area.

Contact: Doug Barnard, 403-546-2536
Location: Acme Community Centre
Address: Box 322, Acme, AB T0M 0A0
Meetings: 2nd and 4th Monday, 7:30 pm

RED HAT SOCIETY

The Happy Hillians of Kneehill County is a ladies over 50 fun social group. Must be prepared to wear a red hat and purple clothes and endure laughter. Monthly gatherings throughout Kneehill County where there are members from Torrington, Trochu, Three Hills, Carbon, Acme and Linden.

Contact: Donna Du Bois, 403-443-9565

ROYAL CANADIAN LEGION

The Legion welcomes veterans and ex-service personnel but is open to anyone over the age of 18.

Acme Branch

Contact: Marina Seaward, 403-546-4142
Location: Acme Legion
Meetings: As needed

Carbon Branch

Contact: Kim Starchuk, 403-334-3124
Location: Carbon Valley Hotel
Meetings: 3rd Wednesday, 6:00 pm

Huxley Branch

Contact: Christina Hoppins, 403-358-8960
Location: Huxley Curling Rink
Meetings: As needed

Three Hills Branch

Contact: Doug Lorraine, 403-660-3222
Ella Lammle, 403-443-7268
Location: Three Hills Community Drop-In Centre
Meetings: 4th Tuesday, 7:00 pm

Trochu Branch

Contact: Bruce Campbell, 403-442-2703
Location: Seniors Drop-In Centre
Meetings: As needed

ROYAL PURPLE ELKS

We fundraise in a variety of creative ways so that we can donate back to our community through the volunteer efforts of our members.

Acme Branch

The Acme Royal Purple Elks Lodge #103 is a member of a national, charitable organization. We support our communities and our national charity, the Elks and Royal Purple Fund for Children. Our donations have supported the schools and many organizations here in our Carbon-Acme-Linden communities.

Contact: Miranda McLean, 403-443-0725
Location: Acme Community Hall
Meetings: 1st Monday

Trochu Branch

The Trochu Royal Purple Elks Lodge #71 is a member of a national, charitable organization. Donations are made to community organizations from Casino monies.

Contact: Jean Frere, 403-442-2685
Location: Trochu Community Hall
Meetings: 1st Tuesday, 8:00 pm

THREE HILLS AND DISTRICT CHAMBER OF COMMERCE

The Three Hills and District Chamber of Commerce believes that prosperous businesses are essential to a thriving community. We actively promote the interests of our members, help our local economy to flourish, and contribute to the shared life of our community.

Phone: 403-443-5345
Email: info@threehillschamber.ca
Address: Box 277, Three Hills, AB T0M 2A0
Meetings: 3rd Thursday in January, March, May, September and November.

THREE HILLS AND DISTRICT PALLIATIVE CARE SOCIETY

Provides equipment and furnishings to enhance the physical needs and comfort of patients and their families, education programs for professionals and volunteers and training programs and supports for volunteers.

Contact: Maureen Arvidson, 403-443-0431
Donna DuBois, 403-443-9565

THREE HILLS BEAUTIFICATION

Contact: Shirley Cullum, 403-443-7429

THREE HILLS COMMUNITY GARDEN

Contact: Deb Sept, 403-443-1160
Email: gdsept@outlook.com

THREE HILLS HEALTH CARE AUXILIARY

Auxiliary supports the hospital, raising funds for hospital equipment etc.

Contact: Marion Johnson, 403-443-7069
Secretary: Sharon Lee, 403-443-5767
Location: Three Hills Health Care Centre
1504-2nd St. N, Three Hills, AB
Meetings: 3rd Tuesday, 1:00 pm
Jan, Mar, May, Sept, Nov.

WIMBORNE LADIES COMMUNITY CLUB

Raises money through catering to help support the Wimborne community and Community Centre.

Contact: Mary Mackie, 587-877-1012

SENIORS SUPPORTS AND SERVICES

ALBERTA SENIORS FINANCIAL AND HEALTH SUPPORTS

Provides a number of programs and services to Alberta seniors, such as information on senior's benefits, special needs assistance, dental and optical assistance, health care coverage, home adaptation and repair

Website: <https://www.alberta.ca/senior-supports.aspx>

MEALS ON WHEELS

Meals are supplied at a reduced fee and local service group volunteers deliver.

Three Hills, Linden, Acme and Carbon

Contact: Seniors Outreach
Phone: 403-443-2555

Trochu

Contact: St. Mary's Health Care Centre
Phone: 403-442-3955

SENIORS OUTREACH PROGRAM SOCIETY

Provides services to seniors in the Kneehill area, including information and referral, assistance and advocacy, transportation, friendly visiting, support groups, elder abuse information and presentations, and partnerships with other agencies. Volunteers of all ages are welcome.

Administrator: Astrid Beerens - Ritz
Phone: 1-888-443-2555 or 403-443-2555
Fax: 403-443-7755
Email: office@seniorso.ca
Website: www.seniorso.ca
Location: 128-3rd Ave. SE, Three Hills
Provincial Building

Address: Box 1465, Three Hills, AB T0M 2A0
Hours: Monday - Thursday, 9:00 am - 4:00 pm

Kneehill North (Trochu, Torrington, Huxley, Wimborne)
Email: kneehillnorth@seniorso.ca

Kneehill South (Acme, Carbon, Linden, Swalwell)
Email: kneehillnorth@seniorso.ca

HOUSING SUPPORTS

RENTAL ASSISTANCE BENEFIT PROGRAM

Rental Assistance Benefit program is a subsidy paid directly to eligible tenants to assist with rental costs, based on income.

Contact: Drumheller Housing Authority
Phone: 403-823-2121
Email: rent@2121.ca
Website: www.rentd.ca
Location: 145 3rd Ave. W, Drumheller
Address: Box 2121, Drumheller, AB T0J 0Y0

KNEEHILL HOUSING CORPORATION - SENIORS

Provides affordable housing for seniors that are functionally independent with or without the assistance available through existing community-based services.

Phone: 403-443-5216
Email: info@kneehillhousing.com
Website: www.kneehillhousing.com
Location: 814-1st St. N, Three Hills
Address: Box 337, Three Hills, AB T0M 2A0

KNEEHILL HOUSING CORPORATION – FAMILIES

Four duplexes provide housing for 8 eligible, low-mid income families. Rent is based on income and includes heat, water, sewer and garbage.

Phone: 403-443-5216

LINDEN LODGE

Provides housekeeping and food services to its residents. It is a private, not-for-profit facility.

Contact: Christine Coggins
Office: 403-546-3136
Email: admin@lindenlodgeab.com
Website: www.lindenlodgeab.com
Location: 101-1st St. NE, Linden
Address: Box 150, Linden, AB T0M 1J0

PARKVIEW LODGE SENIORS SOCIETY (CARBON)

Provides affordable, unassisted housing for seniors aged 65 plus. This is a private, not-for-profit facility.

Contact: Natasha Crocker
Office: 403-901-8809
Email: pvsociety@gmail.com
Location: 324 Caradoc Ave, Carbon
Address: Box 254, Carbon, AB T0M 0L0

ST. MARY'S LODGE (TROCHU)

28 bed facility of private and semi-private rooms.

Phone: 403-442-3955; ext. 276
Address: Box 100, Trochu, AB T0M 2C0

STUDIOS ALBERTA LTD.

Provides affordable housing to low-income individuals. Properties in Ponoka, Olds, Drumheller, Vegreville and Three Hills

Phone: 1-888-963-5698
Email: info@studiosalberta.com
Website: www.studiosalberta.com

WESTVIEW CARE COMMUNITY

Our mission is to compassionately care for the disabled and elderly.

Contact: 403-546-3966
Website: www.westviewcare.ca
Address: Box 220, Linden, AB T0M 1J0

SENIORS CENTRES

ACME SENIORS ASSOCIATION

Phone: 403-546-2154
Location: 112 Main St., Acme
Address: Box 562, Acme, AB T0M 0A0
Hours: Tuesday 1:00 – 4:00 pm
Meetings: 2nd Wednesday at 6:00 pm

CARBON NEW HORIZONS GROUP

Phone: Penny Ohlhauser, 403-820-2543
Location: 718 Glengarry St. Carbon
Address: Box 233, Carbon, AB T0M 0L0
Hours: Tuesday and Thursday 1:30 – 3:30 pm

LINDEN SENIORS GROUP

Contact: Deanna Bailey, 403-805-4359
Address: Box 184, Linden, AB T0M 1J0
Location: 106 1st St. SE, Linden Clubhouse

SILVER WILLOWS SENIOR CITIZENS CENTRE

Members of this Torrington club meet at the Silver Willows complex for various events, activities, trips and occasional potlucks. Will rent to small groups.

Contact: Susan MacKenzie, 403-631-3700
Dianne Gorr, 403-442-2532
Location: 113 Centre St, Torrington

THREE HILLS COMMUNITY DROP-IN CENTRE

A social drop-in centre for anyone; monthly meetings, potlucks, cards, games, pool, puzzles, visiting and new friends. Available for rental.

Drop-In Centre: 403-443-2182
Rental Bookings: 403-443-2555
Location: 499-3 Ave., SE, Three Hills
Hours: Monday – Friday, 9:00 am – 12:00 pm

TROCHU SENIORS DROP-IN CENTRE

Open Monday to Saturday 9:00 – 11:30 am, Monday, Wednesday and Friday 1:30 – 4:30 pm. Activities include cards and socializing.

Centre: 403-442-4212
Contact: Bonny Teichroeb
Address: Box 6, Trochu, AB T0M 2C0
Location: 313 Main St., Trochu
Meetings: 4th Tuesday (Executive)



Kneehill Regional FCSS:
Serving the municipalities of Acme, Carbon, Kneehill County,
Linden, Three Hills and Trochu.



Kneehill Regional Family and Community Support Services offers numerous programs and services throughout our six municipalities. For more information on any of the following programs, please contact our office at 403-443-3800, email angie@krfcss.com, go to our website at www.krfcss.com or follow us on Facebook (facebook.com/krfcss) and Instagram (kneehillregionalfcss).

Information and Referral – Kneehill Regional FCSS provides information and referral to services and programs available to residents in the Kneehill area.

Kneehill Interagency Meetings and News Briefs – Opportunities for service providers to network and share information. Interagency meetings are held on the 4th Tuesday in January, April, July and October.

Volunteer Resources and Supports – Kneehill Regional FCSS supports volunteer organizations and volunteers with recruitment, retention, recognition, education, and appreciation initiatives, as well as through the Volunteer Kneehill website www.volunteerkneehill.ca.

Tools for School – Kneehill Regional FCSS organizes the Tools for School Program. Through generous cash donations, much needed school supplies are provided to children in need in the Kneehill area. Cash donations are accepted all year, and tax receipts are available.

Community Volunteer Income Tax Program (CVITP) – Community volunteers prepare income tax returns for low-income individuals and families who meet the criteria. This is a program run in partnership with Canada Revenue Agency, who provides volunteer support for those lending a hand. Volunteers are available in March and April of each year to complete returns. Contact cvitp@krfcss.com or call our office at 403-443-3800.

Just in Case – Just in Case sessions help you create a file of the important information in your life “just in case” something happens, and helps those who need to know where your information is, such as wills, insurance, passwords, etc.

Child and Youth Programs – Kneehill Regional FCSS offers several programs and activities that support children and youth by providing opportunities to express themselves, make positive connections and enhance leadership skills.

Fountain of Health - Research shows that there are five actions you can take to maximize your health and happiness, no matter your age. Learn how developing a positive outlook on aging, combined with a healthy lifestyle can help you reduce the risk of chronic illness and optimize the management of chronic conditions like depression, anxiety, diabetes, cancers, heart disease and others.

Other Initiatives – Family Violence Awareness and Preventing, Healthy Relationships, Bullying Awareness, Random Acts of Kindness, Community Discovery Nights, Dementia Friendly Communities Group, Seniors Week, Child and Youth Working Group, Mental Health and Wellness projects and programs, Emergency Social Services, Men, Kids and Mayhem, Early Years programs.



True Colors is a personality typing program that helps people of all ages with self-discovery and a better understanding of others to reduce miscommunication and conflict. Whatever challenges you may be facing at home, in school, or in the workplace, True Colors can help you to communicate more effectively. We offer True Colors for adults, children, youth, and organizations as well as True Parenting, where you can learn how to apply the concepts to the difficult job of parenting.



Stress can affect children's physical, emotional, social and intellectual well being. By participating in this workshop, parents/caregivers will learn how to recognize stress in children and identify how to help children learn to manage stress. Participants will leave the 2-hour workshop with resources and content to help their children/youth manage stress. For parents with children Preschool to Grade 9.



Triple P Fearless is a program that supports parents and helps them to learn new cognitive behavioural strategies for anxiety management, to support their children.



Rainbows offers programs for children, youth and adults who have experienced a separation, divorce, death or other painful transition within their family. Rainbows assists participants with sorting through their pain and confusion, build self-esteem and learn positive coping strategies to help deal with their loss. This process takes place in groups of peers with an adult facilitator in a safe and nurturing environment.



Parents/caregivers know their children best! Take a snapshot of your child's communication, social, motor, & problem-solving skills using a simple questionnaire. Identify your child's strengths! Learn new activities to improve skills not yet developed.



A 4, 6 or 8 week program where youth or adults learn, and practice proven and effective skills to manage anxiety and promote a sense of calmness.



An evidence-based program where participants explore exciting new information about what makes people happy. Learn to create more happiness for yourself by making positive changes in your thoughts, actions, relationships, and health.



Girls Circle: A structured support group for girls that builds resiliency, self-esteem, self-awareness, personal skills, and positive peer connections.

Mother/Daughter Circle: Mothers or female caregivers and their daughters come together to strengthen their bonds through shared listening, creative expression, and skill building.



Volunteer Kneehill

KNEEHILL REGIONAL FAMILY AND COMMUNITY SUPPORT SERVICES (FCSS)

hosts the **VOLUNTEER KNEEHILL** website. This website (www.volunteerkneehill.ca) serves volunteers and volunteer organizations in the areas of Acme, Carbon, Kneehill County, Linden, Three Hills and Trochu.

Kneehill Regional FCSS has made it a part of their mandate to support volunteers and organizations in the Kneehill area. Volunteering is vital to communities. It contributes to social cohesion and has the power to transform lives and communities. Volunteering doesn't take any special skills or extensive experience – and there's never a shortage of organizations looking for help!

LOOKING FOR VOLUNTEERS? REGISTER YOUR ORGANIZATION!

1. Go to www.volunteerkneehill.ca
2. Select the "Register" button at the top right corner of the page.
3. Complete the required information, and register your organization.
4. Once your organization has been approved, you will be able to log in and start adding and editing your volunteer opportunities!

WANT TO VOLUNTEER?

Volunteers do not need to register on the Volunteer Kneehill website. Easily view all the available opportunities by visiting www.volunteerkneehill.ca and selecting "Opportunities" at the top of the page. If you are interested in staying updated on new opportunities, upcoming events or receiving valuable volunteer resources, subscribe to the Volunteer Kneehill mailing list!

SPONSORS



WWW.VOLUNTEERKNEEHILL.CA

Circle of Supports

