



Kneehill Community Services Directory

2023

KNEEHILL COMMUNITY SERVICES DIRECTORY 2023

The Kneehill Community Services Directory is a project of Kneehill Regional Family and Community Support Services (FCSS).

We encourage you to contact our office at 403-443-3800 or email angie@krfcss.com if information requires updating, or if your organization would like to be included in the next edition. An electronic version of the directory is available for download at www.krfcss.com.

Kneehill Regional FCSS is a partnership between the provincial and municipal governments. A board made up of one elected official from each participating municipality sets the direction for the program and makes funding decisions. The FCSS Director and staff carry out the activities of the program and liaise with other community groups.

Kneehill Regional FCSS and the participating municipalities maintain and strengthen the quality of life for all residents by supporting volunteerism and providing preventive social initiatives and programs. Kneehill Regional FCSS develops and supports locally driven preventive social initiatives that enhance the well-being of individuals, families and communities, and funds several Kneehill area projects and programs, including Seniors Outreach, the Kneehill Family Wellness Program, Kneehill Community Support Coach and Kneehill Family and Marriage Counselling.

Kneehill Regional FCSS provides several services and programs for Kneehill area residents:

- Information and Referral
- Parent Education
- Group Programs for Children, Youth and Families
- Community Volunteer Income Tax Program
- Volunteer Recognition, Education and Awareness
- Community Discovery Nights
- Tools for School

Kneehill Regional FCSS
779 2nd St NE, Three Hills
Phone: (office) 403-443-3800 (cell) 403-443-0793
Email: shelley@krfcss.com or angie@krfcss.com
Web site: www.krfcss.com

Kneehill Regional Family and Community Support Services (FCSS)
Working for the municipalities of Acme, Carbon, Kneehill County, Linden,
Three Hills and Trochu

2023 Kneehill Community Services Directory Index

4-H Groups	5
Agricultural Societies	5
Alberta Health Services	11-12
Childcare	7-8
Churches	5-6
Community Halls and Centres	17
Culture and Tourism	7
Education	
Playschools	8
Schools	8
Post-Secondary Schools	9
Adult Education and Employment	9
Emergency Services – Fire Departments and RCMP	9
Food Banks	14
Government	
Municipal	10
Provincial	10-11
Federal	13
Helping Services and Support Groups	13-15
Housing	19
Libraries	7
Seniors Centres	19
Seniors Supports and Services	19
Service Associations –Volunteer	17-18
Sports and Recreation	16-17

AGRICULTURAL SOCIETIES

ACME AND DISTRICT AGRICULTURAL SOCIETY

Promotes and encourages activities that meet the needs of members. Supports various groups in Acme and the surrounding communities.

Email: acmeagsociety@gmail.com
Website: www.acmeag.ca
Meetings: As required

CARBON AND DISTRICT AGRICULTURAL SOCIETY

Email: carboncurling@gmail.com
Location: Curling Club
Address: Box 213, Carbon, AB T0M 0L0
Meetings: As required

LINDEN AND DISTRICT AGRICULTURAL SOCIETY

Mission is to provide leadership and resources to enhance the community. Sponsors events, programs and scholarships, provides financial support to other community programs, partners with local and regional businesses, governments, and organizations. Current events are Volunteer Appreciation Night, Sports Day, Fall Fair and Tradeshow, and Christmas Light Up Celebration.

Contact: Jamie Collins, 403-443-0766
Email: lindenagsociety@gmail.com
Location: Linden Clubhouse
Address: 1st St. SE, Linden
Meetings: 4th Thursday, 7:00 pm

THREE HILLS AND DISTRICT AGRICULTURAL SOCIETY

The Society supports the Farmers Market and promotes agricultural services and educational programs.

Contact: Alan Gorman, 403-443-0246

THREE HILLS FARMERS MARKET

Operates Tuesdays 10:00 am – 1:00 pm June to September. Christmas Market is held at the end of November.

Contact: Cathy Baglolle, 403-870-3155
Email: threehillsfarmersmarket@gmail.com
Location: Three Hills Curling Club

TORRINGTON AND DISTRICT AGRICULTURAL SOCIETY

Responsible for the operation of all aspects of the Torrington Arena.

Contact: Alisa Kolenosky, 403-415-5785
Chester Block, 403-445-1743
Phone: 403-631-2163
Email: torringtonag@gmail.com
Website/Bookings: www.torringtonarena.com
Location: Ron Gorr Memorial Arena
Meetings: As required

TROCHU AND DISTRICT AGRICULTURAL SOCIETY

Contact: Nicooly Bignold, 403-396-0870
Lynnette De Beaudrap, 403-588-5826
Jaime Martel, 403-443-0635
Email: trochu.agsociety@outlook.com
Location: 239 North Rd, Trochu
Address: Box 543, Trochu, T0M 2C0
Meetings: 3rd Tuesday



4H GROUPS

HUXLEY 4H BEEF CLUB

The club is a beef project where participants raise steers and breeding females. Anyone 9-21 years of age can join. Supports community help projects. Sale 1st Tuesday in June.

Leader: Charlotte Johnson, 403-556-0091
Email: huxley4hbeefclub@gmail.com
Location: Huxley Hall
Meetings: 2nd Thursday, 7:00 pm

KNEEHILL 4H MULTI CLUB

Small Engines, Sewing, Archery, Leathercraft projects and more. Come meet new friends, gain new skills and have fun.

Leaders: Jody Wacowich, 403-823-0242
Cathy Price, 403-836-0632
Email: kneehillmulti@gmail.com
Location: Dr. Elliott School
Meetings: 2nd Tuesday, 7:00 pm

SWALWELL 4H CLUB

Market steers, beef females and carcass projects. Meet new friends and learn to do by doing. Steer and lamb sale 1st Tuesday in June at the Trochu arena.

Leader: Kelli Becker, 403-546-2752
Location: Swalwell Hall
Meetings: 2nd Monday

THREE HILLS/GHOST PINE 4H BEEF CLUB

Helps foster responsibility and create positive lifestyles. Sale 1st Tuesday in June.

Leader: Tanner and Nicole Kubinec, 403-443-1215
Email: tnkubinec@hotmail.com
Location: Three Hills School
Meetings: 2nd Monday, 7:00 pm

CHURCHES

ACME UNITED CHURCH

Office: 403-546-3922
Location: 413 Bennett Ave., Acme
Address: Box 293, Acme, AB T0M 0A0
Email: acmeunitedchurch@gmail.com

BETHEL EVANGELICAL MISSIONARY CHURCH

Lead Pastor: Tom Peachey Jr.
Office: 403-443-7239
Location: 123 4th Ave. SE, Three Hills
Address: Box 1268, Three Hills, AB T0M 2A0
Email: churchoffice@bethel3hills.ca
Website: www.bethel3hills.ca

BETHEL FELLOWSHIP CHURCH

Pastor: Brad and Tina Harback
Office: 403-443-7800
Location: 2 miles E, 1 mile S of Three Hills
Address: Box 807, Three Hills, AB T0M 2A0
Website: bethelinthecountry.com

CARBON VALLEY COMMUNITY CHURCH

Pastor: Ron Berg, 403-443-1113
Office: 403-572-3515
Location: 414 Aberdeen Ave., Carbon
Address: Box 429, Carbon, AB T0M 0L0
Email: cvcccarbon@gmail.com

CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

Branch President: Gib Andruski, 403-773-2444
Church: 403-443-2012
Location: 749-2nd St. NE, Three Hills
Address: Box 790, Three Hills, AB T0M 2A0

EMMANUEL BAPTIST CHURCH

Pastor: Tim Lacock
 Church: 403-924-3004
 Location: 239-17th Ave. NE, Three Hills
 Address: Box 941, Three Hills, AB T0M 2A0
 Email: ebc3hills@gmail.com

KNOX UNITED CHURCH

Student Minister: Myeongnam Park
 Office: 403-443-5018
 Location: 108-5th Ave. SE, Three Hills
 Address: Box 417, Three Hills, AB T0M 2A0
 Email: unitedchurchknox@gmail.com

LINDEN ALLIANCE CHURCH

Pastor: Jorge Santana
 Assoc Pastor: Alec Siemens
 Church: 403-546-3088
 Location: 614 Central Ave. W, Linden
 Address: Box 340, Linden, AB T0M 1J0
 Email: office@lindenalliance.com
 Website: www.lindenalliance.com

LINDEN MENNONITE BRETHERN CHURCH

Pastor: Kris Peters
 Associate Pastor: Carey Willis
 Office: 403-546-4485
 Location: 101-1st St. N, Linden
 Address: Box 92, Linden, AB T0M 1J0
 Email: office@lindenmb.org
 Website: www.lindenmb.org

MANOR GOSPEL CHURCH

Pastor: Dan Renton
 Office: 403-443-7890
 Location: 224080 Hwy 583 (East of Three Hills)
 Address: Box 545, Three Hills, AB T0M 2A0
 Email: manorgospelchurchoffice@hotmail.com
 Website: www.manorgospel.com

MOUNT OLIVE EVANGELICAL FREE CHURCH

Church: 403-443-7779
 Lead Pastor: Alvin Bueckert, 403-445-1542
 Location: 705-6th Ave. SE, Three Hills
 Address: Box 35, Three Hills, AB T0M 2A0
 Email: office@mountoliveefc.com
 Website: www.mountoliveefc.com

PRAIRIE TABERNACLE CONGREGATION

Lead Pastor: Jerred Andreas
 Office: 403-443-5858
 Location: 311 – 11th Ave. NE, Three Hills
 Address: Box 2762, Three Hills, T0M 2A0
 Email: info@prairietab.com
 Website: www.prairietab.com

ST. ANNE OF THE PRAIRIES

Pastoral Coord: Kay Frere, 403-442-2084
 Rectory: 403-442-3038
 Location: 421 St. Anne's Ave., Trochu
 Address: Box 415, Trochu, AB T0M 2C0
 Email: StAnne.Trochu@caedm.ca

ST. BARNABAS ANGLICAN CHURCH

Reverend: Dr. James Enns, 403-443-7321
 Email: James.Enns@prairie.edu
 Address: Box 304, Three Hills, AB T0M 2A0

ST. JOHN THE DIVINE, ANGLICAN CHURCH

Reverend: David Bull Deacon
 Contact: 403-891-6548
 Location: 215 Nolan St., Acme, AB
 Email: stjohnacme@gmail.com

ST. JOHN'S LUTHERAN CHURCH

Reverend: Nicholas Wasylowich
 Phone: 403-556-9279
 Address: Box 448, Trochu, AB T0M 2C0

ST. JOSEPH'S ROMAN CATHOLIC CHURCH

Pastoral Coord: Kay Frere, 403-442-2084
 Rectory: 403-442-3038
 Location: 106-6th Ave. NE, Three Hills

ST. PAUL'S UNITED CHURCH

Student Minister: Myeongnam Park
 Office: 403-442-3858
 Location: 218 School Rd., Trochu
 Address: Box 28, Trochu, AB T0M 2C0
 Email: tro.ucsec@gmail.com

TRINITY LUTHERAN CHURCH TORRINGTON

Reverend: Nicholas Wasylowich
 Office: 403-556-9279
 Location: 129 Centre St., Torrington
 Address: Box 39, Torrington, AB T0M 2B0
 Email: trinity@airenet.com

TROCHU BAPTIST CHURCH

Pastor: Alan Powell
 Office: 403-442-4210
 Location: 220 Poplar Ave., Trochu
 Address: Box 5, Trochu, AB T0M 2C0
 Email: trochubaptist@persona.ca
 Website: www.trochubaptist.com

VICTORY CHURCH

Pastor: Terry and Melanie Krahn
 Office: 403-443-7275
 Location: 107-3rd Ave. NE, Three Hills
 Address: Box 1523, Three Hills, AB T0M 2A0
 Email: info@vc3.ca
 Website: www.vc3.ca

WIMBORNE ALLIANCE CHURCH

Pastor: Mark Goodbrand
 Office: 403-631-3792 (leave a message)
 Address: Box 605, Wimborne, AB T0M 2G0
 Location: 110 – 1st Ave., Wimborne
 Email: wimbornealliance@hotmail.com
 Website: www.wimbornealliance.com

MINISTERIALS

Encourages cooperation and coordination in terms of church activities in the area.

THREE HILLS MINISTERIAL ASSOCIATION

Contact: Brad Harback, 403-412-4331
 Address: Box 807, Three Hills, AB T0M 2A0
 Email: bradharback@hotmail.com

TROCHU MINISTERIAL ASSOCIATION

Contact: Alan Powell
 Office: 403-442-4210
 Location: 220 Poplar Ave., Trochu
 Address: Box 5, Trochu, AB T0M 2C0
 Email: trochubaptist@persona.ca

Kneehill Regional FCSS:
 Working with the municipalities of Acme,
 Carbon, Kneehill County, Linden,
 Three Hills and Trochu.

CULTURE AND TOURISM

CARBON AND AREA RESTORATION SOCIETY/FARMERS EXCHANGE BUILDING

Responsible for the historical museum and pottery studio located in the Farmers Exchange Building. Also boasts a local Artesian Gift Shop.

Phone: 403-572-2331 or 403-572-3244
Location: 414 Caradoc Ave., Carbon
Address: Box 151, Carbon, AB T0M 0L0

KNEEHILL HISTORICAL SOCIETY, MUSEUM & ACCREDITED VISITOR INFORMATION PROVIDER (AVIP)

Promotes the history of Kneehill County year round and operates a seasonal museum and AVIP May – September. Off-season access arranged by appointment.

President: Rosalie A. Lammle
Address: 1301-2 St. NE, Three Hills
Box 653, Three Hills, AB T0M 2A0
Phone: Museum, 403-443-2092
Off-season, 403-443-1221
E-mail: khsmuseum@gmail.com
Website: <https://kneehillmuseum.weebly.com/>

THREE HILLS ARTS ACADEMY

Offering, Piano, Dramatic Arts Education and Theatre Performances. Our Auditorium is available to rent for your events.

Contact: Chelsea Pike
Phone: 403-443-7011
Email: office@threehillsarts.com
Website: www.threehillsarts.com

TORRINGTON GOPHER HOLE MUSEUM AND GIFT SHOP

Contact: Museum, 403-631-2133
Location: 202 2nd Ave., Torrington
Website: <http://worldfamousgopherholemuseum.ca>

TORRINGTON TOURISM ACTION SOCIETY

This group works on projects within Torrington, such as the Gopher Hole Museum.

Email: torringtontours@aol.com

TROCHU AND DISTRICT ARBORETUM SOCIETY

Trees, shrubs, and flowers are grown and exhibited for scientific and educational enjoyment.

Bookings and Info: 403-442-3085
Email: arboretum@townoftrochu.ca

TROCHU VALLEY HISTORICAL SOCIETY/TROCHU AND DISTRICT MUSEUM

Operates the Museum and tourist information area Monday to Saturday from 10:00 am to 5:00 pm, May to August. Off season access arranged by appointment.

President: Bill Cunningham, 403-442-4328
Museum: 403-442-2220
Meetings: Bi-monthly, 3rd Thursday; 7:30 pm
Location: 315 Arena Ave., Trochu
Email: willcunningham@persona.ca
trochumuseum@gmail.com



LIBRARIES

ACME MUNICIPAL LIBRARY

Contact: Chelsea Pike, 403-546-3879
Location: Acme School, 610 Walsh Ave.
Address: Box 326, Acme, AB T0M 0A0
Hours: Tuesday/Thursday 4:00 – 8:30 pm
Wednesday 12:00 – 4:30 pm
Friday 10:00 am - 2:30 pm
Email: aamlibrary@marigold.ab.ca
Website: www.acmelibrary.ca

LINDEN MUNICIPAL LIBRARY

Contact: Jayden Aldred, 403-546-3757
Location: Dr. Elliott School, 215 - 1st St. SE
Address: Box 120, Linden, AB T0M 1J0
Hours: Tuesday/Thursday 4:00 - 8:00 pm
Wednesday 12:00 – 8:00 pm
Email: lindenlibrary@marigold.ab.ca
Website: www.lindenlibrary.ca

THREE HILLS MUNICIPAL LIBRARY

Phone: 403-443-2360
Location: 135 - 2 Ave. SE, Three Hills
Hours: Tuesday - Thursday 10:00 am – 8:00 pm
Friday 10:00 am – 6:00 pm
Saturday 10:00 am – 2:00 pm
Email: athmlibrary@marigold.ab.ca
Website: www.3hillslibrary.com

TORRINGTON LIBRARY

Contact: Susan MacKenzie, 403-631-3700
Phone: 403-667-6954
Hours: Tuesday 2:00 – 4:00 pm
Location: Ron Gorr Memorial Arena

TROCHU MUNICIPAL LIBRARY

Phone: 403-442-2458
Location: 317 Main St., Trochu
Address: Box 396, Trochu, AB T0M 2C0
Hours: Wednesday – Friday 10:30 am - 5:30 pm
Saturday 9:00 am – 4:00 pm
Email: atrmlibrary@marigold.ab.ca
Website: www.trochulibrary.ca

VILLAGE OF CARBON LIBRARY

Contact: Jay-Lynn Boutin, 403-572-3440
Location: 718 Glengarry St., Carbon
Address: Box 70, Carbon, AB T0M 0L0
Hours: Tuesday 1:00 – 7:00 pm
Thursday 9:00 – 11:00 am
1:00 – 6:00 pm
Friday 1:00 - 5:00 pm
Email: acarmlibrary@marigold.ab.ca
Website: www.carbonlibrary.ca

CHILDCARE

ACME DAY CARE CENTRE

A licensed and accredited centre. Childcare from ages 12 months to school aged. Open Monday – Friday, 6:30 am - 6:00 pm

Director: Christina Thomas
Phone: 403-546-0028
Address: Box 131, Acme, AB, T0M 0A0
Location: 323 Clarke St., Acme, AB
Email: acmedcare@gmail.com
Website: www.acmedaycare.com

THREE HILLS CHILD CARE CENTRE AND SCHOOL AGE PROGRAM

A licensed, accredited, government subsidized Early Learning Centre. All day Early Learning Preschool program with specialized Music and Art program and Childcare from newborn to Grade 6. Open Monday – Friday, 6:30 am - 6:15 pm

Director: Annette Maningas
Phone: 403-443-3740 or 403-445-1602
Location: 701-2nd St. SE, Three Hills
Address: Box 899, Three Hills, AB T0M 2A0
Email: threehillchildcarecentre@live.ca

TROCHU VALLEY BEFORE AND AFTER SCHOOL PROGRAM

Director: Annette Maningas
Phone: 403-443-3740 or 403-445-1602
Location: Trochu Valley School
Email: threehillchildcarecentre@live.ca

PLAYSCHOOLS

ACME PLAYSCHOOL ASSOCIATION

Contact: Ashley Beaudoin
Location: 620 Walsh Ave., Acme
Address: Box 385, Acme AB T0M 0A0
Classes: Tuesday/Thursday
9:00 – 11:55 am
Email: acmeplayschool@gmail.com

CARBON PLAYSCHOOL

Location: Carbon School
Classes: Tuesday/Thursday
8:30 – 11:45 am
Email: carbonplayschool@gmail.com

LINDEN PLAYSCHOOL

Location: Dr. Elliott School
Classes: Monday/Wednesday
9:20 am – 12:20 pm
Email: lindenplayschool@gmail.com

PRAIRIE CHRISTIAN ACADEMY PRESCHOOL

Contact: Christy Wideman, 403-443-4220
Location: 411 – 11th Ave NE, Three Hills
Address: Box 1756, Three Hills, AB T0M 2A0
Classes: Tuesday/Thursday
3 yr. olds – 8:45 - 11:15 am
4 yr. olds - 1:00 - 3:30 pm
Email: pca.society@ghsd75.ca

THREE HILLS PLAYSCHOOL

Contact: Carinne Lamy, 403-877-3491
Location: Three Hills School
400-6th Ave. SE, Three Hills
Address: Box 1329, Three Hills, AB T0M 2A0
Classes: Monday/Wednesday
9:00 – 11:30 am
Email: threehillplayschool@gmail.com
Website: threehillplayschool.com

TORRINGTON/WIMBORNE PLAYSCHOOL

Contact: Sarah Rosenbargo, 403-415-5764
Location: Wimborne Community Centre
Address: Box 652, Wimborne, AB T0M 2G0
Classes: Tuesday/Thursday
Email: torringtonwimborneplayschool@gmail.com

TROCHU PLAYSCHOOL

Contact: Chantalle Van Otterloo, 403-506-7917
School: 403-442-3872
Location: Trochu Valley School
211 School Rd., Trochu
Address: Box 583, Trochu, AB T0M 2C0
Classes: Tuesday/Thursday
9:00 am - 12:00 pm
Email: trochuplayschool@gmail.com

SCHOOLS

GOLDEN HILLS SCHOOL DIVISION NO. 75

All public schools in Kneehill area are part of Golden Hills School Division #75.

Toll-Free: 1-800-320-3739 (Alberta only)
Phone: 1-403-934-5121
Fax: 403-934-5125
Location: 435 A Highway #1
Strathmore, AB T1P 1J4
Superintendent: Bevan Daverne
Website: www.ghsd75.ca

ACME SCHOOL

Grades ECS to 6 and 10 to 12. Part of the Acme, Carbon and Linden tri – campus.

Office: 403-546-3845
Principal: Joan Boles
Location: 610 Walsh Ave., Acme
Address: Box 326, Acme, AB T0M 0A0
Email: acme@ghsd75.ca
Website: www.acmeschool.ca

CARBON SCHOOL

Pre-K to Grade 9. Part of the Acme, Carbon and Linden tri – campus.

Office: 403-572-3401
Fax: 403-572-3278
Principal: Joan Boles
Assoc. Principal: Ryan Hatch
Location: 240 Caradoc Ave., Carbon
Address: Box 250, Carbon, AB T0M 0L0
Email: carbon@ghsd75.ca
Website: carbon.ghsd75.ca

DR. ELLIOTT SCHOOL (LINDEN)

ECS through Grade 9. Part of the Acme, Carbon and Linden tri – campus.

Office: 403-546-3863
Fax: 403-546-4220
Principal: Joan Boles
Location: 215-1st St. SE, Linden
Address: Box 120, Linden, AB T0M 1J0
Website: drelliott.ghsd75.ca

PRAIRIE CHRISTIAN ACADEMY

Grades K - 12

Office: 403-443-4220
Principal: Darryl Hern
Assoc Principal: Barry Sommer
Location: 411 – 11th Ave NE, Three Hills
Address: Box 68, Three Hills, AB T0M 2A0
Email: pca@ghsd75.ca
Website: www.pca3hills.ca

THREE HILLS SCHOOL

Grades ECS to 12

Office: 403-443-5335
Principal: Todd Hoover
Assoc Principal: Greg Lendvay
Location: 400-6th Ave. SE, Three Hills
Address: Box 696, Three Hills, AB T0M 2A0
Email: threehills@ghsd75.ca
Website: www.threehillsschool.com

TROCHU VALLEY SCHOOL

Grades ECS to 12.

Office: 403-442-3872
Principal: Jody Lammle
Assoc Principal: Chantalle Van Otterloo
Location: 211 School Rd., Trochu
Address: Box 190, Trochu, AB T0M 2C0
Email: troval@ghsd75.ca
Website: trochuvalley.ghsd75.ca

POST-SECONDARY SCHOOLS

PRAIRIE COLLEGE

Main Switchboard: 403-443-5511
President's Office: 403-443-3030
Dean's Office: 403-443-3030
Admissions: 403-443-3007
Toll Free: 1-800-661-2425
Email: info@prairie.edu
Website: www.prairie.edu

PRAIRIE AVIATION TRAINING CENTRE

Phone: 403-443-2349
Fax: 403-443-7142
Location: Three Hills Airport

ADULT EDUCATION AND EMPLOYMENT

ACADEMIC EXPRESS

Academic Express Adult Education and Training is a member of the Alberta Association of Career Colleges and has an A+ rating with the Better Business Bureau. Academic Express delivers training in partnership with Advanced Education and Community Social Services, offering courses in GED Preparation via Distance Delivery throughout the Province of Alberta and New Futures Career Transition Workshops.

Contact: Deborah Sept
Phone: 403-443-1160
Email: debbie@academicexpress.ca
Website: www.academicexpress.ca

CAREER ASSISTANCE NETWORK

Works with individuals as a one-on-one or group facilitated support to help them find work across Central Alberta. Our office is in Red Deer but we travel to each community to work with clients in a public setting.

Phone: 403-341-7811 or toll free at 1-866-341-7810
Address: Bay 7 4699 61 St. Red Deer, AB T4N 7C9
Email: contact@rdcan.ca
Website: www.rdcan.ca

KNEEHILL ADULT LEARNING SOCIETY

Facilitates and coordinates community learning programs within the Kneehill County area.

Phone: 403-443-5556
Address: 409 Main St., Three Hills
Box 639, Three Hills, AB T0M 2A0
Email: admin@kals3hills.ca
Website: www.kals3hills.ca

MH ENTERPRISES EMPLOYMENT SERVICES

MH Enterprises provides rural community members with high-quality, individualized Employment Services, supporting and guiding clients through informed career and training transitions. Our government funded programs offer a range of employee and employer supports including wage subsidies, funding for training and employment supports.

Phone: 403-823-6934
Fax: 403-823-6942
Toll Free: 1-877-823-6934
Address: 90 – 3rd Ave. E (4th Floor)
Drumheller, AB T0J 0Y0
Email: mhenterprises@drumhellerjobs.com
Website: drumhellerjobs.com

EMERGENCY SERVICES – FIRE DEPARTMENTS

If it is an emergency, dial 9-1-1

ACME FIRE DEPARTMENT - FIRE STATION 2

Fire Chief: Brian Fradgley
Phone: 403-546-3783
Location: 528 Nolan St., Acme
Address: Box 489, Acme, AB T0M 0A0
Meetings: 1st, 2nd, and 3rd Monday

CARBON FIRE DEPARTMENT - FIRE STATION 1

Fire Chief: Jody Kranzler
Phone: 403-820-2785
Location: 440 Caradoc Ave, Carbon
Address: Box 133, Carbon, AB T0M 0L0
Meetings: 1st and 3rd Tuesday

LINDEN FIRE DEPARTMENT - FIRE STATION 3

Fire Chief: Shawn Klaussen
Phone: 403-888-4394
Location: 115 Central Ave. W, Linden
Address: Box 911, Linden, AB T0M 1J0
Meetings: 2nd and Last Tuesday

THREE HILLS FIRE DEPARTMENT - FIRE STATION 5

Fire Chief: Ken Cinnamon
Phone: 403-445-1875
Location: 111-1st Ave. NE, Three Hills
Address: Box 610, Three Hills, AB T0M 2A0
Meetings: 1st, 3rd, and 5th Monday

TORRINGTON FIRE DEPARTMENT - FIRE STATION 4

Fire Chief: Jason Michielsen
Phone: 403-443-5541
Location: 101 1st Ave, Torrington
Address: Box 67, Torrington, AB T0M 2B0
Meetings: 1st and 3rd Tuesday

TROCHU FIRE DEPARTMENT - FIRE STATION 6

Fire Chief: Richard Hoppins
Phone: 403-442-3085
Location: 211 Northfield Rd., Trochu
Address: Box 447, Trochu, AB T0M 2C0
Meetings: 1st and 3rd Wednesday

EMERGENCY SERVICES - RCMP

If it is an emergency, dial 9-1-1

Three Hills/Trochu/Huxley/Sunnyslope- Three Hills Detachment

Office: 403-443-5539
Non-emergency: 403-443-5538
Location: 719-2nd St. N, Three Hills
Address: Box 520, Three Hills, AB T0M 2A0

Acme/Linden/Swalwell- Beiseker Detachment

Office: 403-947-3420
Non-emergency: 403-947-3496
Location: 75 North Rd., Beiseker
Address: Box 570, Beiseker, AB T0M 0G0

Carbon- Drumheller Detachment

Office: 403-823-7590
Non-emergency: 403-823-2630
Location: 75 Riverside Dr. E, Drumheller
Address: Box 1030, Drumheller, AB T0J 0Y0

Torrington/Wimborne- Olds Detachment

Office: 403-556-3324
Non-emergency: 403-556-3323
Location: 5110-65th Ave., Olds, AB T4H 1L8

Kneehill Regional FCSS:
Working with the municipalities of Acme, Carbon, Kneehill County,
Linden, Three Hills and Trochu.

MUNICIPAL GOVERNMENT

KNEEHILL COUNTY OFFICE

Provides/administers rural services: water, sewer, garbage, fire, recreation, roads, planning services, and disaster services.

Phone: 403-443-5541 or 1-866-443-5541
Fax: 403-443-5115
Location: 1600 2nd St. NE, Three Hills
Address: Box 400, Three Hills, AB T0M 2A0
Email: office@kneehillcounty.com
Website: www.kneehillcounty.com
Hours: Monday – Friday, 8:30 am to 4:30 pm

THREE HILLS TOWN OFFICE

Provides/administers municipal services: water, sewer, garbage and recycling collection, streets, fire, recreation, Three Hills Cemetery and planning services (including issuing development, building, plumbing, gas and electrical permits and processing subdivisions and Land Use Bylaw amendment applications). Provides emergency services, tourism, and economic development. Issues business licenses, accepts payment of utility bills and taxes.

Office: 403-443-5822
Fax: 403-443-2616
Location: 232 Main St., Three Hills
Address: Box 610, Three Hills, AB T0M 2A0
Email: info@threehills.ca
Website: www.threehills.ca
Hours: Monday – Friday, 8:30 am – 4:00 pm

TROCHU TOWN OFFICE

Provides/administers municipal services: water, sewer, garbage, recycling, streets, recreation, development permits, Trochu Public Cemetery, animal control services, fire/emergency services, bylaw enforcement, tourism and economic development. Offers regional grant writing services to partner municipalities and local organizations within the region. Accepts utility bill and tax payments and issues charitable tax receipts for Trochu Food Bank monetary donations.

Office: 403-442-3085
Fax: 403-442-2528
Location: 222 Northfield Rd., Trochu
Address: Box 340, Trochu, AB T0M 2C0
Email: thrive@townoftrochu.ca
Website: www.town.trochu.ab.ca
Hours: Monday - Friday
8:30 am – 12:00 pm, 1:00 – 4:00 pm

VILLAGE OF ACME OFFICE

Office: 403-546-3783
Fax: 403-546-3014
Location: 615A Pacific Ave., Acme
Address: Box 299, Acme, AB T0M 0A0
Email: cao@acme.ca
Website: www.acme.ca
Hours: Monday - Friday
8:00 am – 12:00 pm, 1:00 – 4:30 pm

VILLAGE OF CARBON OFFICE

Office: 403-572-3244
Fax: 403-572-3778
Location: 238 Hillside Ave., Carbon
Address: Box 249, Carbon, AB T0M 0L0
Email: office@villageofcarbon.com
Website: www.villageofcarbon.com
Hours: Monday - Friday
8:00 am – 4:00 pm

VILLAGE OF LINDEN OFFICE

Office: 403-546-3888
Fax: 403-546-2112
Location: 109 Central Ave. E., Linden
Address: Box 213, Linden, AB T0M 1J0
Email: clerk@linden.ca
Website: www.linden.ca
Hours: Monday – Friday, 8:30 am – 4:30 pm

PROVINCIAL GOVERNMENT TOLL FREE – 310-0000

ALBERTA AG-INFO CENTRE

The Ag-Info Centre is your first point of contact for Alberta government agriculture programs and resources.

Phone: 403-310-FARM (3276)
Email: aginfocentre@gov.ab.ca
Website: www.alberta.ca/ag-info-centre.aspx

ALBERTA COMMUNITY DEVELOPMENT UNIT SOUTH REGION

Offers facilitation, public engagement, community collaboration, and learning and development services to not profits. A list of services can be found on the website.

Phone: 403-932-2970
Email: communitydevelopment@gov.ab.ca
Website: www.alberta.ca/community-development-unit.aspx

ALBERTA SUPPORTS – COMMUNITY AND SOCIAL SERVICES

Access more than 30 programs and 120 community services for seniors, people with disabilities, job seekers, parents and families, homelessness, financial assistance, abuse and family violence prevention.

Call Centre: 1-877-644-9992
Website: www.myalbertasupports.ca

ALBERTA LAW AND JUSTICE SERVICES

www.alberta.ca/rights-justice-law.aspx

Alberta Law Libraries

A provincial network of law libraries existing to provide research support and information services to the legal community, self represented litigants and all Albertans.

Website: www.lawlibrary.ab.ca

Correctional services (Acme and Linden):

Phone: 403-948-7110
Location: 112–1st Ave. NW, Airdrie, AB
(Provincial Building, Room 116)

Correctional services (Three Hills, Trochu, Carbon and Huxley):

Phone: 403-823-1664
Location: 201 Centre St., Drumheller
(Provincial Building, Main Floor)

Correctional services (Torrington):

Phone: 403-507-4553
Location: 5025-50th St., Olds, AB
(Provincial Building, Room 112)

Court and Justice Services

Provides a range of resolution and court supports for people involved in legal disputes.

Phone: 1-855-738-4747 or 403-340-7187
Website: www.alberta.ca/court-and-justice-services.aspx

Family Court Counsellor

Get help with preparing for court, accessing the court system and resolving your parenting disputes.

Phone: 403-340-7187
Website: www.alberta.ca/family-court-assistance.aspx

Parenting After Separation

Website: <http://pas.albertacourts.ab.ca>

Family Mediation:

Phone: 403-355.2414
Website: www.alberta.ca/family-mediation.aspx

Civil Claims Mediation:

Phone: 403-755-1437
Location: Red Deer Court House
Address: 4909 48th Ave., Red Deer, AB T4N 3T5
Hours: Monday – Friday, 8:15 am – 4:00 pm
Website: www.alberta.ca/civil-mediation.aspx

CENTRAL REGION CHILDREN'S SERVICES

Central Region Children's Services provide programs and services to meet the safety needs of children and families. The services and programs offered fall under the following categories:

Prevention Services – working with others to help children grow and develop to meet their fullest potential. Supports include Child Care licensing, parent education and awareness, family coaching, etc.

Early Intervention Services – meeting the identified needs of vulnerable children and families. These services include foster care, adoptions, prevention of family violence, kinship care, etc.

Intervention Services – ensuring that children are safe and well. These services are legislated under *the Child, Youth and Family Enhancement Act*. www.alberta.ca/ministry-childrens-services.aspx

Three Hills, Acme, Sunnyslope, Linden, Trochu, Torrington, Elnora, Huxley and Wimborne

Phone: 403-507-8035
Fax: 403-507-8080
Location: Ralph Klein Centre
Community Learning Campus, Olds College
4500-50th St., Olds T4H 1P8

Email: hs.cenabcfssa@gov.ab.ca

Carbon and Area

Phone: 403-823-1767
Fax: 403-823-1683
Location: 2nd Floor, 180 Riverside Drive E.
Address: Box 2289, Drumheller, AB T0J 0Y0
Email: hs.cenabcfssa@gov.ab.ca

DRUMHELLER (AND AREA) HOUSING ADMINISTRATION

Rental Assistance Benefit program is a subsidy paid directly to eligible tenants to assist with rental costs, based on income.

Phone: 403-823-2121
Location: 145 3rd Ave. W, Drumheller
Address: Box 2121, Drumheller, AB T0J 0Y0
Email: rent@2121.ca
Website: www.rentd.ca

MEMBERS OF LEGISLATIVE ASSEMBLY

Elected representative of the people in this area. If there are any issues with laws and policies affecting this province or a need for new legislation, an MLA can be contacted for assistance.

OLDS-DIDSBURY-THREE HILLS CONSTITUENCY

MLA: Nathan Cooper
Phone: 403-556-3132
Location: 4905 B-50th Ave., Olds
Address: Box 3909, Olds, AB T4H 1P6
Email: OldsDidsbury.Threehills@assembly.ab.ca

OFFICE OF THE PUBLIC GUARDIAN AND TRUSTEE

The Office of the Public Guardian and Trustee (OPGT) as a last resort, make decisions for individuals who are unable to make personal and/or financial decisions for themselves. The OPGT does this through the Personal Directives Act, the Adult Guardianship and Trusteeship Act and the Mental Health Act. The OPGT also administers the personal directives registry and the registry of all court appointed guardians, trustees, and co-decision makers. Video presentations about guardianship, trusteeship, co-decision making or personal directives can be viewed on the website. In person presentations are available upon request. The OPGT also investigates complaints involving guardians, trustees, co-decision makers and agents.

Phone: 403-340-5165
Address: 203, 4920-51st St.,
Red Deer, AB T4N 6K8
Website: <https://www.alberta.ca/opgt-supports.aspx>

Kneehill Regional FCSS:
Working with the municipalities of Acme,
Carbon, Kneehill County, Linden,

ALBERTA HEALTH SERVICES

www.albertahealthservices.ca

24 HOUR HEALTH LINK ALBERTA

Phone: 811 or 1-866-408-5465
Website: www.myhealth.alberta.ca

24 HOUR MENTAL HEALTH SUPPORT

Phone: 1-877-303-2642

24 HOUR ADDICTION SUPPORT

Phone: 1-866-332-2322

ACCESS ADDICTION AND MENTAL HEALTH

Non-urgent telephone screening service that supports Albertans to access addiction and mental health resources.

Phone: 1-888-594-0211

ADDICTION AND MENTAL HEALTH

Provide professional help for adults, children and their families experiencing difficulties with addictions or their mental health. Services include addiction services, one-to-one adult therapy, child and adolescent therapy, outreach services, community development and education, geriatric nurse specialist and TeleMental Health Consultations for physicians, therapists and clients engaged in therapy (i.e. psychiatry, referrals to inpatient mental health services, and referral to provincial programs such as eating disorders, forensics and diversion services, community treatment orders and concurrent disorder and/ brain injury treatment).

ALL SERVICES ARE FREE AND NO REFERRAL IS NECESSARY.

Office Coverage: Three Hills, Carbon, Acme, Linden, Torrington, Trochu, Huxley, Elnora

Location: Three Hills Addiction and Mental Health Clinic - Provincial Building
Address: 128-3rd Ave. SE, Three Hills
Phone: 403-443-8532

Addiction Services: weekly outpatient treatment services to all age individuals with, or impacted by alcohol, drug, tobacco, or gambling problems. Referrals can be made to adolescent and adult inpatient programs. Prevention/education programs are available for community and schools.

Adult Short-Term Assessment and Counselling - mental health counselling to those over the age of 18.

Assertive Outreach: services for adults with a chronic and persistent mental health problem.

Children and Adolescent Mental Health Assessment and Counselling: services for children and adolescents with mental health concerns and information for families.

Mental Health Hospital Liaison/Access and Early Intervention Program: provides early intervention mental health services (e.g. crisis intervention, brief counselling, and education) to adults, children and their families and refer to other community resources as required.

Seniors Mental Health Outreach Nurse: provides assessments for adults over the age 65 with depression and dementia concerns. Referrals for this program can be made through your family doctor, homecare, long term care facility, or locum doctor.



ALBERTA HEALTHY LIVING PROGRAM – CENTRAL ZONE

AHLP workshops are for Albertans interested in learning how to manage chronic conditions and live healthier. Family, friends, and caregivers are also welcome to attend. We recommend participants are able to participate in group settings, can understand basic English, and are at least 18 years of age. Workshops vary by community and cover; disease specific education for adult weight management and cardiovascular health; general health topics such as nutrition, reducing stress, managing emotional eating and sleeping well; supervised exercise programs. Workshops are led by healthcare professionals including health educators, registered dietitians, registered nurses and exercise specialists. Classes offered online.

Phone: 877-314-6997
Website: www.ahs.ca/ahlp

BIG COUNTRY PRIMARY CARE NETWORK (PCN)

PCNs are a made-in-Alberta approach to improving access, and better coordinating healthcare for patients. The PCN is a network of family physicians and other health providers such as RNs, LPNs, Nurse Practitioners, Mental Health therapists, patient referral navigators and wellness coordinators who work together to provide for the healthcare needs of the population.

Location: Kneehill Medical Clinic
1520 2nd St. NE, Three Hills
Phone: 403-443-5522
Address: Box 220, Three Hills, AB T0M 2A0
Website: www.bigcountrypcn.com

CHILDREN'S REHABILITATION SERVICES

Assist children from 0 to 18 years of age, who may be experiencing developmental delays. Our intake Social Workers can discuss any concerns you may have regarding your child's communication, gross motor, fine motor, feeding, sensory, gait, head shape or equipment concerns. Our therapy team consists of Speech Language Pathologists, Occupational Therapists and Physical Therapists. Our therapists work with parents to help their children be active and reach developmental milestones within their home & community. Services are voluntary and covered through AB health care. In addition to virtual health services, supports are provided primarily out of the Drumheller & Three Hills hospitals. Self-referrals are accepted, as well as those from physicians and other providers.

Contact: Coordinated Intake
Phone: 1-855-420-7986

DRUMHELLER HEALTH CENTRE

Services to the communities of Carbon and Drumheller. Services include acute care, continuing care, 24-hour emergency, mental health, and public health.

Phone: 403-823-6500

EARLY CHILDHOOD INTERVENTION PROGRAM (ECIP)

The Early Childhood Intervention Program (ECIP) provides in-home support to families of infants and children with developmental delays or disabilities from birth to 5 years of age. Based upon circumstances, there may be exceptions to the age criteria for children 3 ½ to 6 years of age with a developmental delay or disability. ECIP providers work with families who may benefit from additional supports using a home-based, family centered, and strength based approach to services. The Early Intervention Program is free, voluntary and flexible to accommodate different goals, priorities and choice of individual families. Self-referrals are accepted, as well as those from physicians, Public Health Programs, and community agencies. Services are provided in the communities of Bowden, Drumheller, Elnora, Hanna, Innisfail, Olds, Sundre, Three Hills and surrounding areas.

Phone: 403-559-7780

ELNORA COMMUNITY HEALTH CENTRE

Services to the communities of Trochu, Huxley, Torrington, Delburne, Elnora, Wimborne and Pine Lake Areas

Phone: 403-773-3636

HEALTH PROMOTION

Empowering communities to improve factors that determine the health of their population. Coverage area is Kneehill County, Starland County/Drumheller, and Special Area 2.

Phone: 403-741-6738
Location: Drumheller Provincial Building
Address: 201 Centre St.
Drumheller, T0J 0Y0
Email: kristine.bellingham@ahs.ca

KNEEHILL MEDICAL CLINIC

Location: 1520 2nd St. NE, Three Hills
Address: Box 220 Three Hills, AB T0M 2A0
Hours: Monday – Friday, 9:00 am – 4:30 pm
(Closed 12:15 – 1:00 pm for lunch)
Central Booking: 403-443-5522
Fax: 403-443-5497
Email: info@kneehillmedicalclinic.ca
Website: www.kneehillmedicalclinic.ca

PUBLIC HEALTH NUTRITION

Population and Public Health dietitians working with local, community and provincial partners to enhance the nutrition of Albertans where they live, learn, work, and play with a focus on strategies and actions that support vulnerable populations and those impacted by health inequities.

Phone: 403-443-8059

SCHOOL HEALTH & WELLNESS PROMOTION/COMPREHENSIVE SCHOOL HEALTH

Partnering with school communities to promote Healthy Eating, Physical Activity and Positive Mental Health for school-aged children and youth where they live, learn and play.

Contact: Christine Vokins
Health Promotion Facilitator, AHS
Phone: 403-391-1660
Address: Box 659, Elnora, AB T0M 0Y0
Email: Christine.Vokins@ahs.ca

ST. MARY'S HEALTH CARE CENTRE

Long Term Care, Spiritual Care, Meals on Wheels, Massage Therapy, Foot Care Clinic, Assisted Living/ Lodge, Lab (blood collections, ECG's, halter monitors and blood pressure monitors.

Phone: 403-442-3955
Lab: 403-442-3995 ext. 269
Hours: Monday – Friday, 8:00 am – 4:00 pm
Location: 451 deChauney Ave, Trochu
Address: Box 100, Trochu, AB T0M 2C0

THREE HILLS HEALTH CENTRE

Emergency, Medical, Obstetrics, Palliative, Lab/X-Ray, Dietary/ Nutrition, Long Term Care and attached Community Health Wing

Phone: 403-443-2444
Location: 1504-2nd St. NE, Three Hills
Address: Box 340, Three Hills, AB T0M 2A0

THREE HILLS COMMUNITY HEALTH

Home Care, Physiotherapy, Occupational Therapy, Respiratory Therapy, Mental Health, Continuing Care Counselling, Home Care, Speech/Language Assessment/Therapy for Children/Adults and Children's Rehabilitation Services.

Phone: 403-443-5355

THREE HILLS PUBLIC HEALTH

Well Child and Adult Immunization Clinics, International Travel Clinic, Prenatal Referral & Support, Prenatal classes (fee applies), Postnatal Follow-up and Breastfeeding Support, Post-Natal Classes, School Health, Annual Influenza Immunization, Oral Health, Adult/Senior Health, Environmental Health, Communicable Disease Control, Drinking Water Analysis, Food Industry Inspections, Early Intervention Program, Baby Steps Program.

Phone: 403-443-5355

Kneehill Regional FCSS:
Working with the municipalities of Acme, Carbon, Kneehill County, Linden,
Three Hills and Trochu.

FEDERAL GOVERNMENT

CANADA POST CORPORATION

www.canadapost-postescanada.ca

General Inquiries: 1-800-607-6301
Acme: 403-546-3092
Carbon: 403-572-3640
Linden: 403-546-2661
Three Hills: 403-443-5616
Trochu: 403-442-4220
Torrington: 403-631-3893
Wimborne: 403-631-3785

MEMBER OF PARLIAMENT BATTLE RIVER - CROWFOOT HON. DAMIEN KUREK

Address: 4945-50th St., Camrose, AB
T4V 1P9
Phone: 1-800-665-4358
780-608-4600
Email: Damien.Kurek@parl.gc.ca

SERVICE CANADA

Designed to improve the delivery of government programs and services to Canadians, by making access to them faster, easier, and more convenient.

General Enquiries: 1-800-622-6232 (O Canada)
Website: canada.ca
Eservices: <https://eservices.canada.ca/en/service/>

Canada Pension Plan:

Retirement Pension, Post Retirement Benefit, Disability Benefits, Survivor Pension, Pension Sharing, Credit Splitting, Death Benefit, Children's Benefits.

Phone: 1-800-277-9914

Old Age Security:

Old Age Security Pension, Allowance, Allowance for the Survivor, Guaranteed Income Supplement, Old Age Security Identification Card

Phone: 1-800-277-9914

Employment Insurance:

Regular Benefits, Maternity and Parental Benefits, Sickness Benefits, Compassionate Care Benefits, Fishing Benefits, Parents of Critically Ill Children, Family Supplement

Phone: 1-800-206-7218

HELPING SERVICES AND SUPPORT GROUPS

ACCREDITED SUPPORTS TO THE COMMUNITY (ASC)

"Always Serving Community". Since 1974 ASC has provided home and community supports to children and adults with special needs and their families. This includes in-home workers who can assist a child and family with: behavioural challenges and developmental growth or a support worker for community access and respite care. Through programs such as Healthy Families, Parent Child Assistance Program (PCA) and Triple P, ASC also supports families to build trusting relationships, teach problem solving and parenting skills, encourage positive parent child relationships and support healthy child development. The PCAP program additionally supports women in healthy pregnancy to prevent future births/children exposed to alcohol and drugs.

Phone: 1-866-556-4122
Locations: 4322-50th Ave., Olds
Bay 103-104, 95 Brent Blvd. Strathmore
44 Gateway Drive NE., Airdrie
Box 3940, Olds, AB T4H 1P6
Address: main@asc-mva.ab.ca
Email: main@asc-mva.ab.ca
Website: www.asc-mva.ab.ca

Kneehill Regional FCSS:
Working with the municipalities of
Acme, Carbon, Kneehill County,
Linden, Three Hills and Trochu.

ADDICTION SUPPORT GROUPS

A variety of support groups are available in Drumheller for those experiencing issues with addictions.

Contact: Drumheller Health Centre
Phone: 403-820-7863

Alcoholics Anonymous meetings are available in Three Hills. A list of meeting locations closer to you can be found at calgaryaa.org/meetings/

Three Hills AA

Contact: David, 403-443-8406
Meetings: Monday, 7:00 pm
Contact: Jed, 306-616-0043
Meetings: Wednesday, 7:00 pm
Contact: Morley, 403-443-7970
Meetings: Thursday, 7:00 pm
Location: Knox United Church
108 5th Ave. S, Three Hills

AIRDRIE P.O.W.E.R.

A non-profit organization that seeks to provide women with the means to leave an abusive environment through emergency resources, education and empowerment, thus creating a safe and sustainable community.

Phone: 403-960-0644
Client Text Line: 403-891-9409
Email: info@airdriepower.com
Website: www.airdriepower.com

ALBERTA LUNG ASSOCIATION

Phone: 1-888-566-LUNG (5864)
Website: www.ablung.ca

ALZHEIMER SOCIETY OF RED DEER

Offers programs and services free of charge to individuals living with dementia, their families, and care partners. Provide information, education and support.

Toll Free: 1-866-950-5465
Email: lgrande@alzheimer.ab.ca
Website: www.alzheimer.ca

ARTHRITIS SOCIETY (ALBERTA AND NWT)

Phone: 1-800-321-1433
Email: info@arthritis.ca
Website: www.arthritis.ca

CANADIAN CANCER SOCIETY

Phone: 1-888-939-3333
Email: info@cancer.ca
Website: www.cancer.ca

CANADIAN RED CROSS

Disaster and Emergency Relief Service to meet emergency basic needs. **24/7 Alberta Disaster Assistance Line 1-888-800-6493**
Calgary, Kneehill Area, Wheatland County Regional Emergency Management.

Coordinator: Jag Dhawan
Phone: 403-541-6101 or 403-371-8722
Fax: 403-541-6129
Address: 1305 11th Ave SW. Calgary, AB T3C 3P6
Website: www.redcross.ca
Short-term loans of medical equipment:
Phone: 403-273-4426

CENTRAL ALBERTA WOMEN'S EMERGENCY SHELTER

24 hour crisis counselling, temporary safe accommodations, rural outreach, and referrals to other services. Walk-in and phone-in counselling available. Public education on family violence.

Phone: 1-888-346-5643
Address: Box 561, Red Deer, AB T4N 5G1
Email: generalinfo@cawes.com
Website: www.cawes.com

CITIZENS ON PATROL

Volunteers work with local RCMP to add to the safety of the community.

Three Hills: Joan Boekema, 403-443-2485
threehillscop@gmail.com
Linden: Flo Robinson, 403-818-4495
lindencop@gmail.com
Carbon: Gord Arvidson, 403-820-0437
carboncopsolutions@gmail.com

COMMUNITY CLOSET

Volunteer run FREE shop that offers and accepts donations of new and gently used clothing, outerwear, foot wear and some baby items. Open Tuesdays 6:00 – 8:00 pm and Wednesdays 9:00 am – 1:00 pm.

Contact: Dana Haller
Phone: 403-443-0403
Location: 407 Royal Way (east entrance), Trochu
Email: community.closet2018@gmail.com
Facebook: Community Closet Trochu and Area

COMMUNITY FUTURES WILD ROSE

Business Coaching/Mentoring, Loans, Community Economic Development and Small Business Training and Support. Serving communities in and around the Kneehill area.

Phone: 403-934-8888
Location: 101, 331-3rd Ave. Strathmore
Address: Box 2159, Strathmore, AB T1P 1K2
Website: <http://wildrose.alberta.ca>

COMMUNITY LEGAL CLINIC

Free legal services to people who financially qualify but are not eligible for Legal Aid. Service is provided through pre booked appointments.

Phone: 1-877-314-9129
Location: 106, 4916 50 St., Red Deer
Email: info@communitylegalclinic.net
Website: communitylegalclinic.net

FAMILY RESOURCE NETWORK- DRUMHELLER, HANNA, THREE HILLS AND AREAS (FRN)

The FRN focuses on prevention and early education services for families and youth aged 0-18. Services are provided through a "Hub and Spoke" model, with programs geared towards early child development, child and youth development, parent education, family support and home visitation. Support services are delivered directly through the FRN hub, or through our spoke partners (Accredited Supports to the Community and Wheatland County Counselling), and range from general programming, to targeted groups and intensive counselling supports.

Contact: Amber Channell
Phone: 403-820-3573
Location: 601 7th St. E, Drumheller, AB T0J 0Y5
Email: amber.channell@mcmancentral.ca

FAMILY WELLNESS PROGRAM

Family Wellness Workers from this program provide confidential social/emotional support to individuals and families, preventive educational programming and information/referral. This service is offered free to any resident in the Kneehill area.

Central Office

Phone: 403-443-3800

Three Hills/PCA/Carbon

Contact: Yvonne Wilson
Phone: Three Hills, 403-443-2460
PCA, 403-443-2460
Carbon, 403-572-3448
Email: yvonne@krfcss.com

Acme/Linden/Trochu

Contact: Kaylee Schultz
Phone: Acme, 403-546-4379
Linden, 403-546-2594
Trochu, 403-443-4214
Email: kaylee@krfcss.com

FETAL ALCOHOL SPECTRUM DISORDER (FASD) WORKING GROUP

(for residents of: Acme, Carbon, Linden, Three Hills, Trochu and Kneehill County)

Offer support and information to individuals who are affected by FASD, and their caregivers. We welcome anyone interested to join our meetings and seminars – front line workers, educators, and caregivers. We have educational info available for professionals and families. Call or email for meeting times. We are here to listen and support families dealing with FASD. We also bring in presenters for our information sessions.

Contacts: Lori Loran, 403-854-2099 Ext.213
Susan Habermehl, 403-443-3694
Address: Box 85, Three Hills, AB T0M 2A0
Email: habemail@telus.net

FOOD BANKS

Acme/Linden Food Bank

Provide emergency relief food and supply Christmas hampers.

Acme Contacts: Carol Kostrosky, 403-620-0176
Linden Contact: Sonia Ens, 780-228-3255

Carbon Valley Community Church Food Bank

Phone: 403-572-3515
Location: 414 Aberdeen Ave., Carbon

Three Hills and Area Food Bank

Provide emergency relief food and supply Christmas hampers.

Phone: 403-443-1005 (please leave message)
Location: 1041 2nd St. NE, Three Hills (lane access)

Trochu and District Inter-Church Food Bank

Provide and deliver emergency relief food and supply Christmas hampers

Phone: 403-442-3085

HEALTHY FAMILIES

Program through Accredited Supports to the Community serving the Drumheller, Three Hills, Hanna Family Resource Network. Healthy Families can provide families with information and support that will assist with larger issues that impact parenting. We support parents and caregivers to build on a foundation for strong family functioning. Guidance, referral and support is offered to families facing challenges, building on a family support network and enabling families to cope with stressors. Call us today to find out if this free program is right for you! **Parent-Child Assistance Program (PCAP)** is an intensive home visitation, relationship-based service, involving collaborative work with community resources, including such strategies as substance use treatment, planned pregnancies and parenting resources. Reducing risk by addressing the health and well-being of women and their children.

Program Director: Lisa Sauve
Phone: 403-556-4122 or 403-586-0665
Fax: 403-556-6480
Office: 4322-50th Ave., Olds AB
Address: Box 3940, Olds, AB T4H 1P6
Email: main@asc-mva.ab.ca
Website: www.asc-mva.ab.ca

HEART AND STROKE FOUNDATION

Website: www.heartandstroke.ca

HELPING HANDS HOME SUPPORT SERVICES LTD.

Offers personalized support services for seniors in their homes or in facility care. Programs developed to meet individual needs. Serves Three Hills, Drumheller, Hanna as well as Red Deer and surrounding communities.

Phone: 403-364-2476 or 403-346-7777
Email: hq.helpinghands@gmail.com
Website: www.helpinghandshomesupport.com

KNEEHILL ADDICTION RECOVERY NETWORK

Phone: 587-321-KARN (5276)
Email: mail@karnonline.org
Website: www.karnonline.org

KNEEHILL DEMENTIA FRIENDLY COMMUNITIES

A group of people working towards communities where people living with dementia (PLWD) and their caregivers are understood, respected, supported and included in conversations.

Contact: Shelley Jackson Berry
Phone: 403-443-3800
Email: shelley@krfcss.com

KNEEHILL FAMILY AND MARRIAGE COUNSELLING

This program provides counselling for Kneehill area residents who are experiencing family and/or marriage relationship challenges. This program can be accessed by contacting one of the Family Wellness Workers or the Director of Kneehill Regional FCSS.

Phone: 403-443-3800

KNEEHILL GRANT WRITER

Can assist any non-profit group or organization in Kneehill County with the entire grant writing process, including researching, writing and reporting.

Contact: Jamie Collins, 403-442-3085
Email: Jamie.collins@townoftrochu.ca

KIDSPORT KNEEHILL

KidSport Kneehill is coordinated by community volunteers to assist economically disadvantaged families living in the Kneehill area access sport opportunities.

Contact: Shelley Jackson-Berry
Phone: 403-443-3800
Address: Box 416, Three Hills, AB T0M 2A0

KINDRED – RAPID ACCESS COUNSELLING

Provides affordable, single session goal-based and solution-focused counselling. Counselling is available for all Albertans, and fees are offered on a sliding scale model in which clients set a fee that is comfortable and manageable for them. Sessions are free for individuals under 18 and their caregivers. To book an appointment online, visit the website and click on "See Services" under Rapid Access Counselling. Sessions available in person, by phone and video.

Phone: 403-233-2360
Email: intake@kindred.ca
Website: www.communityconnectyc.ca

KNEEHILL INTERAGENCY GROUP

Develops effective communication and cooperation between agencies and organizations in the Kneehill area

Contact: Kneehill Regional FCSS
Phone: 403-443-3800
Location: 779 2nd St., NE, Three Hills
Email: angie@krfcss.com

KNEEHILL REGIONAL FAMILY AND COMMUNITY SUPPORT SERVICES (FCSS)

Working for the municipalities of Acme, Carbon, Kneehill County, Linden, Three Hills and Trochu to enhance the social well-being of individuals, families and communities. Kneehill Regional FCSS provides information and referral and some direct services. Provides funds to Seniors Outreach, the Family Wellness Program, Kneehill Family and Marriage Counselling and the Kneehill Community Support Coach.

Director: Shelley Jackson-Berry
Phone: 403-443-3800 or 403-443-0793
Location: 779 2nd St. NE, Three Hills
Address: Box 400, Three Hills, AB T0M 2A0
Email: shelley@krfcss.com
Website: www.krfcss.com

LENDING CUPBOARD SOCIETY OF ALBERTA

A registered charity that lends a wide variety of medical equipment to central Albertans at no cost. Check their website for more detailed information or contact their office during regular office hours.

Phone: 403-356-1678
Location: #1-7803 50th Ave.
Red Deer, AB T4P 1M8
Hours: Monday/Wednesday/Friday
9:00 am to 4:30 pm
Email: contact@lendingcupboard.ca
Website: www.lendingcupboard.ca

LEGAL AID ALBERTA

Legal services for low income Albertans. Legal Aid Alberta is an independent, publicly funded, not-for-profit organization that provides affordable legal services in family law, domestic violence, child welfare, immigration, and youth and adult criminal defense.

Phone: 1-866-845-3425
Website: www.legalaid.ab.ca

LINDEN FURNITURE BANK

Contact: Barry Coggins, 587-888-4198

MONEY MENTORS

Money Mentors is the only Alberta-based, not-for-profit credit counselling agency. Through a number of services, we help families and individuals recover from financial crisis and move forward. From credit counselling and money coaching to retirement planning and community financial literacy, we're creating a healthier financial future for the entire province.

Phone: 1-888-294-0076
Website: www.moneymentors.ca

MS SOCIETY OF CANADA – CENTRAL AB CHAPTER

Contact: 1-800-268-7582
Email: info@mssociety.ca

PARKINSON ASSOCIATION OF ALBERTA

There is no, "one" or "right" way to live well with Parkinson disease or a Parkinson's Plus Syndrome. With that in mind, we are pleased to offer a wide-range of supports and services tailored to individual/family needs to provide the right support, at the right time throughout the entire Parkinson's journey. We offer four types of programming (support, educational, active and outreach) to help individuals and families feel more in control, more supported and ultimately, live life the way they want to. Programs include, but are not limited to: support groups, 1-on-1/family support, information & resources on Parkinson's as well as community, health and government resources, and physical, cognitive, voice/speech and social programs.

Phone: 1-800-561-1911
Email: info@parkinsonassociation.ca
Website: www.parkinsonassociation.ca

REHOBOTH CHRISTIAN MINISTRIES

Services to adults with developmental disabilities.

Phone: 403-443-2239
Location: 523 Main St., Three Hills
Address: Box 602, Three Hills, AB T0M 2A0

TOPS (TAKE OFF POUNDS SENSIBLY)

Three Hills

Contact: Ginger Estabrooks, 403-443-7133
Sharon Lee, 403-443-5767
Meetings: Fridays, 9:00 – 10:00 am
Weigh In: 8:00 – 8:50 am
Location: Knox United Church, Three Hills

Trochu

Contact: Pam Bezanson, 403-442-2259
Meetings: Thursdays, 8:45 – 9:50 am
Weigh In: Thursdays, 8:15 – 8:45 am
Location: Trochu Arena, East Door

VICTIM SERVICES

Provides information, support and referral for victims of crime and tragedy – www.victimservicesalberta.com

Three Hills Detachment Area

Phone: 403-443-0277
Location: Three Hills RCMP Detachment
Address: 719-2nd St. N, Box 520
Three Hills, AB T0M 2A0
Website: www.threehillsvictimservices.ca

Airdrie and District Victims Assistance Society (ADVAS)

Phone: 403-945-7290
Location: Airdrie RCMP Detachment
Address: 2 Highland Park Way NE
Airdrie, AB T4A 0R1
Website: www.airdrievictimassistance.com

Olds/Didsbury/Sundre Detachment Area

Chinook Arch Victim Services Society
Phone: 1-844-828-4133
Location: Olds RCMP Detachment
Address: 5110-65th Ave., Olds, AB T4H 1L8

WELLNESS CENTRES

A variety of services are available at different centres.

Contact: Susan MacKenzie, 403-631-3700
Email: tallulah_41@yahoo.ca

WHEATLAND CRISIS SOCIETY

Residential services include short term shelter for individuals and families impacted by abuse, 24 hour crisis line and individual crisis counselling. WCS additionally offers outreach programs, peer support groups, early intervention children's program, children's outreach program, innovative court support programming and public education. All services are free and do not require a referral.

Toll-Free: 1-877-934-6634
Address: Box 2162, Strathmore, AB T1P 1K2
Email: wcs.general@wcsab.ca
Website: www.strathmoreshelter.com

SPORTS AND RECREATION

ACME AND DISTRICT GOLF CLUB

Nine-hole golf course with grass greens.

Location: NE of the Village of Acme
Address: Box 581, Acme, AB T0M 0A0
Clubhouse: 403-546-4020
Email: acmegolfclub@hotmail.com
Website: www.acmegolfclub.com

ACME CURLING CLUB

The rink consists of three sheets of artificial ice, button hole cameras over far away house, complete with a kitchen, lockers, a bar and two viewing areas. The space is available for curling meetings, public meetings and social functions.

President: Paul Wiebe
Phone: 403-510-9260
Address: Box 11, Acme, AB T0M 0A0
Email: paulwiebe2@gmail.com

ACME HERITAGE RACQUETBALL CLUB

One racquetball and one squash court. Also a beach volleyball and wallyball court attached to Acme School.

Contact: Albert Neufeld, 403-371-8586
Address: Box 128, Acme, AB T0M 0A0
Bookings: Nicole Wolf, 403-828-9159

ACME/LINDEN BASEBALL ASSOCIATION

There are three diamonds in Acme for baseball/ softball games, one for under age 6 only. There are two diamonds in Linden for baseball/softball games.

Contact: Kelly Klassen, 403-829-8475

ACME/LINDEN SOCCER ASSOCIATION

Contact: Clinton Toews
Email: acmelindensoccer@gmail.com

ACME OUTDOOR SWIMMING POOL

Contact: 403-546-3071

ACME OUTDOOR SKATING RINK

Contact: Village Office, 403-546-3783

CARBON CENTENNIAL SWIMMING POOL

Open May to August.

Phone: Village Office, 403-572-3244
Pool, 403-572-0006
Address: 235 Caradoc Ave, Carbon

CARBON CURLING CLUB

Location: 237 Caradoc Ave, Carbon
Email: carboncurling@gmail.com

CARBON MINOR BASEBALL ASSOCIATION

Runs April through June. Ages 5 and up

Contact: Dannel Barnes, 403-334-0200
Email: dannel1@telus.net

CARBON MINOR SOCCER ASSOCIATION

Runs April through June. Ages 5 and up

Contact: Emma Fisher, 403-572-3894
Address: Box 465, Carbon, AB T0M 0L0
Email: talktoemma@gmail.com

DANCE CELEBRATION

Dance instruction for ages 3 to adult.

Contact: Ashley Savage, 403-445-1785
Email: 3hillsdancecelebration@gmail.com
Website: www.threehillsdancecelebration.com

GENESIS BIKE AND BOARD SKATE PARK

BMX and skateboard club.

Contact: AJ and Thea Walker
Phone: 403-443-5911 (daytime)
403-443-3312 (evenings and weekends)

GHOST PINE ATHLETIC (THREE HILLS-RURAL)

This club is a baseball organization.

Contact: Ted Kubinec, 403-443-7358

HILLSIDE LANES BOWLING SOCIETY

5 pin, six lanes with glow bowling. Computerized scoring. Public bowling, kids bowling, leagues (youth and adults) and parties.

Contact: Deb Watson
Address: 207 Main St., Three Hills, AB
Phone: 403-443-2003

KNEEHILL ARCHERS & BOW HUNTERS

Welcomes all ages & skill levels. Bows available for new archers to try. Members are encouraged to have their own equipment. Wear a sweater. December – May long weekend

Contact: Don Collins, 403-993-5282
Location: Trochu Community Centre Basement
Meetings: Wednesday, 7:00 pm

KNEEHILL LACROSSE ASSOCIATION

Email: kneehilllacrosse@gmail.com
Website: www.kneehilllacrosse.com

KNEEHILL MINOR HOCKEY

All age groups welcome (4-17 years).

Contact: Kevin Wiens
Email: preskmha@gmail.com

KNEEHILL FUN TEAM POND HOCKEY

All age groups welcome (5 – 18 years)

Contact: Denise Bedard, 403-312-5399
Email: kneehillpondhockey@gmail.com

KNEEHILL MIXED SLO-PITCH LEAGUE

Contact: Randi Fenton, 403-585-0160

THREE HILLS AQUATIC CENTRE

Operated by the Town of Three Hills Recreation Department, includes indoor pool, waterslide, outdoor splash park and weight/exercise room. Variety of programs offered such as "Parent and Tots" and "AquaSize". Schedules available at pool or online.

Pool: 403-443-2111 (Schedule line)
Office: 403-443-2166
Fax: 403-443-2616
Location: 221 4th Ave. NE
Address: Box 610, Three Hills, AB T0M 2A0
Email: pool@threehills.ca
Website: www.threehills.ca/pool

THREE HILLS CURLING CLUB

Operated by volunteer board. Curling and Bonspiels occur from November to March.

Location: 218-3rd Ave. NE, Three Hills
Email: threehillscurlingclub@gmail.com

THREE HILLS FIGURE SKATING CLUB

Location: Three Hills Arena
202-3rd Ave. NE
Address: Box 1383, Three Hills, AB T0M 2A0
Email: 3hillsskatingclub@gmail.com

THREE HILLS GOLF CLUB

Clubhouse: 403-443-5065
Email: threehillsgolfclub@gmail.com
Website: www.threehillsgolfclub.ca

THREE HILLS GYMNASTICS CLUB

Location: Three Hills Community Centre
Email: threehillsgymnastics@gmail.com

THREE HILLS KARATE

Contact: Dawn Kinsey, 403-443-1193

THREE HILLS MINOR BALL

Email: three.hills.minor.ball@gmail.com

THREE HILLS SOCCER ASSOCIATION

Website: www.threehillsoccer.ca

THREE HILLS STREET FREAKS CAR CLUB

Email: threehillsstreetfreaks@gmail.com

TORRINGTON ARENA AND CURLING CLUB

Open from October to March.

Contact: 403-631-2163

Bookings: torringtonarena.com/rentals/

Location: Torrington Arena

TROCHU DANCE TROUPE

Offers recreational and competitive classes for dancers of all ages!

Email: trochudancetroupe@gmail.com

Website: www.trochudancetroupe.com

TROCHU GOLF AND COUNTRY CLUB

This excellent course features 9 holes, grass greens, a licensed clubhouse, camping and full tournament facilities. Public Welcome! Open April – October.

Phone: 403-442-2747

Location: 101 Devilder Ave.

Email: trochugolfandcountry@hotmail.com

Website: www.trochugolf.com

TROCHU GUN CLUB

Target practice and trap shooting. Must be a resident of Kneehill County.

Contact: Gord and Deb Ruddell, 403-442-4236

Location: Trochu Hall basement

TROCHU POTTERY CLUB

Contact: Thelma Enzie, 403-442-2541

Location: Trochu Hall Basement

COMMUNITY HALLS AND CENTRES

There are many community halls in the Kneehill area.
www.kneehillcounty.com/2240/Rural-Community-Halls

ACME COMMUNITY CENTRE

Available for social functions, meetings, and hall rentals.

Contact: Village Office, 403-546-3783

Location: 139 Allison St, Acme AB

Website: www.acmecommunitycentre.ca

CARBON COMMUNITY CENTRE

Contact: Village Office, 403-572-3244

Location: 718 Glengarry St, Carbon, AB

HUXLEY COMMUNITY HALL

Contact: Abby Jensen, 403-350-2616

Location: 205 Main St

LINDEN CLUBHOUSE

Hall Rental: George Seifert, 403-875-1230

Inquiries: Deanna Bailey, 403-805-4359

Address: Box 184, Linden, AB T0M 1J0

Location: 106 1st St. SE, Linden

LINDEN CULTURAL CENTRE

Multipurpose centre that can be used for almost any occasion and is a joint use facility between school and village

Contact: Village of Linden, 403-546-3888

Location: 215 – 1st St. SE (beside Dr. Elliott School)

MOUNT VERNON COMMUNITY HALL

Contact: Paul Van Doren, 403-443-0441

ORKNEY COMMUNITY HALL

Contact: Jocelyn Sorenson, 403-823-1815

SUNNYSLOPE COMMUNITY HALL

Available for social functions, large camp outs, meetings, and hall rentals.

Contact: Martina Page, 403-797-9749

SWALWELL COMMUNITY HALL

The centre is available for rental with dry camping in the summer and indoor ice surface in the winter.

Bookings: Jenny Scott, 403-546-2169

Location: 214 Main St., Swalwell

THREE HILLS MEMORIAL CENTRE

Bookings: 403-443-5822

Email: facility.rentals@threehills.ca

Location: 212 Main St., Three Hills

THREE HILLS RURAL COMMUNITY CENTRE

Contact: Diane Beeton, 403-443-7770

TORRINGTON COMMUNITY CENTRE

Phone: Sheila McDonnell, 403-969-6932

Email: torringtonag@gmail.com

Website: torringtonarena.com

TROCHU & DISTRICT COMMUNITY CENTRE

Contact: Generoso Gozo, 403-506-8581

Location: 215 Northfield Rd

Website: trochuhall.weebly.com/

WIMBORNE COMMUNITY CENTRE

Contact: Erin High, 403-396-4295

Location: 109 1st St. S

Email: wimborne.community@gmail.com

SERVICE ASSOCIATIONS – VOLUNTEER**BENEVOLENT PROTECTIVE ORDER OF ELKS**

A fraternal organization and service club whose prime goal is community service. Any male over 16 years of age may join. Support many worthwhile community projects through casino and local fundraisers. www.elksocalberta.ca

Acme Branch

Exalted Ruler: Cory Ward, 403-888-6110

Secretary: Douglas Miller, 403-650-6086

Meetings: Last Tuesday, 7:30 pm

Location: Acme Community Centre

Address: Box 371, Acme, AB T0M 0A0

Three Hills Branch

Exalted Ruler: Mike Reynolds Sr., 403-443-0122

Secretary: Ella Lammle, 403-443-3286

Meetings: 3rd Tuesday, 8:00 pm

Location: Three Hills Community Centre

Box 93, Three Hills, AB T0M 2A0

Email: threehillselks190@gmail.com

Trochu Branch

Exalted Ruler: Paul Frere, 403-442-2685

Contact: John Hoppins, 403-442-2572

Meetings: 1st Tuesday, 8:00 pm

Location: Trochu Community Centre

Address: RR2, Trochu, AB T0M 2C0

HUXLEY COMMUNITY ASSOCIATION

Represent the community, organize dances and manage the curling rink and community hall.

Contact: Jason Morgan, 403-442-2234

KNIGHTS OF COLUMBUS

This is a charitable Catholic Men's Organization that raises money for social needs.

Contact: Kevin Kubinec, 403-442-2453

Joe Kubinec, 403-443-5653

Meetings: 4th Tuesday, 8:00 pm, except in

July, August & December

Location: St. Joseph's Catholic Church

109-6th Ave. N, Three Hills

LIONS CLUB

Carbon Lions Club

Donates to causes such as schools, 4-H, STARS.

Contact: Terry Reed, 403-572-3626
Meetings: 2nd and 4th Wednesday, 7:00 pm
Location: Carbon Community Hall
Address: Box 392, Carbon, AB T0M 0L0

Torrington Lions Club

The club supports local community and international needs.

Contact: Dan Davy, 403-631-3844
Meetings: 2nd Tuesday, 8:00 pm
Location: Ron Gorr Memorial Arena

Trochu Lions Club

The club does fund-raising for community needs.

Contact: Ron Kletke, 403-442-3061
Meetings: 2nd and 4th Monday
Location: Eye In The Sky at the Fairgrounds
Address: Box 681, Trochu, AB T0M 2C0

MASONIC LODGE (ACME/IRRICANA)

Community donations and school scholarships.

Contact: Tony Gize, 587-777-2359
Secretary: Robert Park, 403-443-0145
Meetings: 3rd Thursday, 7:30 pm
Location: Corner of 2nd St. and 2nd Ave. Irricana
Email: AcmeIrricanaMasons@gmail.com
Website: acmeirricanamasons.com

PRAIRIE ROSE REBEKAH LODGE (ACME)

Prairie Rose Rebekah Lodge is open to men and women. This organization sponsors eye research and a public speaking contest for students. The winner gets an expense paid trip to United Nations in New York. Raise funds with monthly soup and sandwich meal, and operate a casino every 3 years. They do a barbeque once a year for Linden nursing home. Donates to local groups in the Acme area.

Contact: Doug Barnard, 403-546-2536
Meetings: 2nd and 4th Monday, 7:30 pm
Location: Acme Community Centre
Address: Box 322, Acme, AB T0M 0A0

RED HAT SOCIETY

The Happy Hillians of Kneehill County is a ladies over 50 fun social group. Must be prepared to wear a red hat and purple clothes, and endure laughter. Monthly gatherings throughout Kneehill County where there are members from Torrington, Trochu, Three Hills, Carbon, Acme and Linden.

Contact: Donna Du Bois, 403-443-9565

ROYAL CANADIAN LEGION

The Legion welcomes veterans and ex-service personnel, but is open to anyone over the age of 18.

Acme Branch

Contact: Marina Seaward, 403-546-4142
Meetings: As needed
Location: Acme Legion

Carbon Branch

Contact: Kim Starchuk, 403-334-3124
Meetings: 3rd Wednesday, 6:00 pm
Location: Carbon Valley Hotel

Huxley Branch

Contact: Christina Hoppins, 403-358-8960
Meetings: As needed
Location: Huxley Curling Rink

Three Hills Branch

Contact: Doug Lorraine, 403-660-3222
Ella Lammle, 403-443-7268
Meetings: 4th Tuesday, 7:00 pm
Location: Three Hills Community Drop In Centre

Trochu Branch

Contact: Bruce Campbell, 403-442-2703
Meetings: As needed
Location: Seniors Drop In Centre

ROYAL PURPLE ELKS

Acme Branch

The Acme Royal Purple Elks Lodge #103 is a member of a national, charitable organization. We support our communities and our national charity, the Elks and Royal Purple Fund for Children. We fundraise in a variety of creative ways so that we can donate back to our community through the volunteer efforts of our members. Our donations have supported the schools and many organizations here in our Carbon-Acme-Linden communities.

Contact: Carole Metzger, 403-546-2682
Meetings: 3rd Monday
Location: Acme Community Hall
Address: Box 558, Acme AB T0M 0A0

Trochu Branch

The Trochu Royal Purple Elks Lodge #71 is a member of a national, charitable organization. Donations are made to community organizations from Casino monies.

Contact: Jean Frere, 403-442-2685
Meetings: 1st Tuesday, 8:00 pm
Location: Trochu Community Hall
Address: Box 699, Trochu, AB T0M 2C0

THREE HILLS BEAUTIFICATION

Contact: Shirley Cullum, 403-443-7429

THREE HILLS COMMUNITY GARDEN

Contact: Deb Sept, 403-443-1160
Email: gdsept@outlook.com

THREE HILLS AND DISTRICT CHAMBER OF COMMERCE

The Three Hills and District Chamber of Commerce believes that prosperous businesses are essential to a thriving community. We actively promote the interests of our members, help our local economy to flourish, and contribute to the shared life of our community.

Phone: 403-443-5345
Meetings: 3rd Thursday in January, March, May, September and November.
Address: Box 277, Three Hills, AB T0M 2A0
Email: info@threehillschamber.ca

THREE HILLS HEALTH CARE AUXILIARY

Auxiliary supports the hospital, raising funds for hospital equipment etc.

Contact: Marion Johnson, 403-443-7069
Secretary: Sharon Lee, 403-443-5767
Meetings: 3rd Tuesday, 1:00 pm
Jan, Mar, May, Sept, Nov.
Location: Three Hills Health Care Centre
1504-2nd St. N, Three Hills, AB

THREE HILLS AND DISTRICT PALLIATIVE CARE SOCIETY

Provides equipment and furnishings to enhance the physical needs and comfort of patients and their families, education program for professionals and volunteers and training programs and supports for volunteers.

Contact: Maureen Arvidson, 403-443-0431
Donna DuBois, 403-443-9565
Heather Hansen, 403-445-1903

TROCHU COMMUNITIES IN BLOOM

Always looking for new members for the board or for work bees.

Contact: Elizabeth Hoppins, 403-588-8731

WIMBORNE LADIES COMMUNITY CLUB

Raises money through catering to help support the Wimborne community and Community Centre.

Contact: Mary Mackie, 587-877-1012

Kneehill Regional FCSS:
Working with the municipalities of Acme,
Carbon, Kneehill County, Linden,
Three Hills and Trochu.

SENIORS SUPPORTS AND SERVICES

ALBERTA SENIORS FINANCIAL AND HEALTH SUPPORTS

Provides a number of programs and services to Alberta seniors, such as information on seniors benefits, special needs assistance, dental and optical assistance, health care coverage, home adaptation and repair,

Website: <https://www.alberta.ca/senior-supports.aspx>

MEALS ON WHEELS

Meals are supplied at a reduced fee and local service group volunteers deliver.

Three Hills, Linden, Acme and Carbon

Contact: Seniors Outreach
Phone: 403-443-2555

Trochu

Contact: St. Mary's Health Care Centre
Phone: 403-442-3955

SENIORS OUTREACH PROGRAM SOCIETY

Provides services to seniors in the Kneehill County area, including information and referral, assistance and advocacy, transportation, friendly visiting, support groups, elder abuse information and presentations, and partnerships with other agencies. Volunteers of all ages are welcome. Main office support in Three Hills and outreach workers available in Trochu, Torrington, Carbon, Acme and Linden.

Administrator: Terry Schlinker
Phone: 1-888-443-2555 or 403-443-2555
Fax: 403-443-7755
Hours: Monday - Thursday, 9:00 am – 4:00 pm
Location: 128-3rd Ave. SE, Three Hills
Provincial Building
Address: Box 1465, Three Hills, AB T0M 2A0
Email: office@seniorso.ca
Website: www.seniorso.ca

HOUSING

KNEEHILL HOUSING CORPORATION - SENIORS

Provide affordable housing for seniors that are functionally independent with or without the assistance available through existing community based services.

CAO: Julie Miller
Lodge Manager: Jim Held
Phone: 403-443-5216
Location: 814-1st St. N, Three Hills
Address: Box 337, Three Hills, AB T0M 2A0
Email: info@kneehillhousing.com
Website: www.kneehillhousing.com
Golden Hills Lodge: 814-1st St. N, Three Hills
J.C. Long Memorial Court: 321-3rd St. S, Three Hills
Lynn Haven Manor: 202 Central Ave. E, Linden
Meadow Park Manor: 109 Allison St. Acme
Robertson Manor: 806-1st St. N, Three Hills
Torre Ville Manor: 100-2nd Ave. Torrington
Trochu Valley Manor: 403 Royal Way, Trochu

KNEEHILL HOUSING CORPORATION – FAMILIES

Four duplexes provide housing for 8 eligible, low-mid income families. Rent is based on income and includes heat, water, sewer and garbage.

Phone: 403-443-5216

LINDEN NURSING HOME (WESTVIEW CARE COMMUNITY)

Our mission is to compassionately care for the disabled and elderly.

Contact: 403-546-3966
Address: Box 220, Linden, AB T0M 1J0
Email: shawn@westviewcare.ca
Website: www.westviewcare.ca

LINDEN LODGE

Provides housekeeping and food services to its residents. It is a private, not-for-profit facility.

Contact: Christine Coggins
Office: 403-546-3136
Location: 101-1st St. NE, Linden
Address: Box 150, Linden, AB T0M 1J0
Email: lindenlodgeadmin@gmail.com
Website: www.lindenlodgeab.com

PARKVIEW LODGE OF CARBON

Provides affordable, unassisted housing for seniors aged 55 plus. This is a private, not-for-profit facility.

Contact: Village of Carbon
Office: 403-572-3244
Location: 324 Caradoc Ave, Carbon
Address: Box 249, Carbon, AB T0M 0L0
Email: info@parkviewlodge.ca

ST. MARY'S LODGE (TROCHU)

28 bed facility of private and semi-private rooms.

Lodge: 403-442-3955; ext 276
Address: Box 100, Trochu, AB T0M 2C0

STUDIOS ALBERTA LTD.

Provides affordable housing to low income individuals. Properties in Ponoka, Olds, Drumheller, Vegreville and Three Hills

Phone: 1-888-963-5698
Email: info@studiosalberta.com
Website: www.studiosalberta.com

SENIORS CENTRES

ACME SENIORS ASSOCIATION

Wheelchair accessible. Building rental for any occasion.

Phone: 403-546-2154
Meetings: 2nd Wednesday at 6:00 pm
Address: Box 562, Acme, AB T0M 0A0
Location: 112 Main St., Acme
Hours: Tuesday 1:00 – 4:00 pm

CARBON NEW HORIZONS GROUP

Phone: Penny Ohlhauser, 403-820-2543
Location: 718 Glengarry St. Carbon

LINDEN SENIORS GROUP

Contact: George Seifert, 403-875-1230
Address: Box 184, Linden, AB T0M 1J0
Location: 106 1st St. SE, Linden Clubhouse

THREE HILLS COMMUNITY DROP-IN CENTRE

A social drop-in centre for anyone; monthly meetings, potlucks, cards, games, pool, puzzles, visiting and new friends. Available for rental.

Drop In Centre: 403-443-2182
Seniors Outreach: 403-443-2555
Location: 499-3 Ave., SE. Three Hills
Hours: Monday – Friday, 9:00 am – 12:00 pm

TORRINGTON SILVER WILLOWS SENIOR CITIZENS SOCIETY

Members of this Torrington club meet at the Silver Willows complex for various events, activities, trips and occasional potlucks. Will rent to small groups.

Contact: Susan MacKenzie, 403-631-3700
Dianne Gorr, 403-442-2532
Location: 113 Centre St, Torrington

TROCHU SENIORS DROP IN CENTRE

Open Monday to Saturday 9:00 – 11:30 am, Monday, Wednesday and Friday 2:00 – 4:30 pm. Activities include cards and socializing.

Centre: 403-442-4212
Contact: Bonny Teichroeb
Meetings: 4th Wednesday (Executive)
Address: Box 6, Trochu, AB T0M 2C0
Location: 313 Main St., Trochu



Kneehill Regional Family and Community Support Services offers numerous programs and services. For more information on any of the following programs, please contact our office at 403-443-3800, email angie@krfcss.com or go to our website at www.krfcss.com

Information and Referral – Kneehill Regional FCSS provides information and referral on services and programs available to residents in the Kneehill area.

Kneehill Interagency Meetings and News Briefs – Opportunities for service providers to network and share information. Interagency meetings are held on the 3rd Tuesday in January, March, May, September, and November. News briefs are sent out monthly.

Volunteer Resources and Supports – Kneehill Regional FCSS supports volunteer organizations and volunteers with recruitment, retention, recognition, and appreciation initiatives, as well as through the Volunteer Kneehill website www.volunteerkneehill.ca

Tools for School – Kneehill Regional FCSS organizes the Tools for School Program. Through generous cash donations, much needed school supplies are provided to children in need in the Kneehill area. Cash donations are accepted all year, and tax receipts are available.

Community Volunteer Income Tax Program (CVITP) – Kneehill Regional FCSS coordinates the CVITP in the Kneehill area. Community volunteers prepare income tax returns for low-income individuals and families who meet the criteria. This is a program run in partnership with Canada Revenue Agency, who provides a volunteer training session coordinated by Kneehill Regional FCSS. Volunteers are available in March and April of each year to complete returns. Contact Rochelle at 403-443-3800 or rochelle@krfcss.com

Community Discovery Nights – Community Discovery Nights are an opportunity for the community to learn more about resources and supports in their area, as well as register for local recreational programs. Kneehill Regional FCSS and the partnering municipalities coordinate these events in partnership. Watch www.krfcss.com for dates and locations.

Just in Case – Just in Case sessions help you create a file of the important information in your life “just in case” something happens, and helps those who need to know where your information is, such as wills, insurance, passwords, etc.

Child and Youth Programs – Kneehill Regional FCSS offers several programs and activities that support children and youth by providing opportunities to express themselves, make positive connections and enhance leadership skills.

Other Initiatives – Family Violence Awareness and Preventing, Healthy Relationships, Bullying Awareness, Random Acts of Kindness, Dementia Friendly Communities Group, Seniors Week, Child and Youth Working Group, Mental Health and Wellness projects and programs, Emergency Social Services, Men, Kids and Mayhem, Early Years programs.



Research shows that there are five actions you can take to maximize your health and happiness, no matter your age. Only 25% of your health is determined by genetics, which means much more is due to your outlook and lifestyle! Learn how developing a positive outlook on aging, combined with a healthy lifestyle can help you reduce the risk of chronic illness and optimize the management of chronic conditions like depression, anxiety, diabetes, cancers, heart disease and others.



True Color Parenting

Parents will go through the True Colors Personality process and learn how to determine the Color Spectrum of each family member and the family as a whole. A better understanding of your family's personality temperament can be a springboard for developing improved parent/child relationships, better communication in the home, more meaningful family relationships and fun-filled activities for the whole family.



Stress can affect children's physical, emotional, social and intellectual well being. By participating in this workshop, parents/caregivers will learn how to recognize stress in children and identify how to help children learn to manage stress. Participants will leave the 2-hour workshop with resources and content to help their children/youth manage stress. For parents with children Preschool to Grade 9.



Every parent and caregiver wants what is best for their child. Handle with Care (HWC) sessions focus on the four building blocks of positive mental health that make up the foundation of the program: Building Trust and Attachment, Expressions Emotions, Promoting and Enhancing Self-Esteem and Relationships with Others.

For more information about FCSS programs, visit www.krfcss.com or call 403-443-3800



Triple P Fearless is a program that supports parents and helps them to learn new cognitive behavioural strategies for anxiety management, to support their children.



Parent Cafés are physically and emotionally safe spaces where parents and caregivers can talk about the challenges and victories of raising a family. Through individual self-reflection and peer to peer learning, participants explore their strengths, learn about protective factors and create strategies from their own wisdom and experiences to help strengthen their families. Parents will leave Parent Cafés feeling inspired, energized, and excited!



Kneehill Regional FCSS offers several programs and activities that provide the opportunity for individuals to express themselves and make positive connections with others in creative ways.



Rainbows offers programs for children who have experienced a separation, divorce, death or other painful transition within their family. Rainbows assists participants with sorting through their pain and confusion, build self-esteem and learn positive coping strategies to help deal with their loss. This process takes place in groups of peers with an adult facilitator in a safe and nurturing environment.

For more information about FCSS programs, visit www.krfcss.com or call 403-443-3800



Volunteer Kneehill

KNEEHILL REGIONAL FAMILY AND COMMUNITY SUPPORT SERVICES (FCSS)

hosts the **VOLUNTEER KNEEHILL** website. This website (www.volunteerkneehill.ca) serves volunteers and volunteer organizations in the areas of Acme, Carbon, Kneehill County, Linden, Three Hills and Trochu.

Kneehill Regional FCSS has made it a part of their mandate to support volunteers and organizations in the Kneehill area. Volunteering is vital to communities. It contributes to social cohesion and has the power to transform lives and communities. Volunteering doesn't take any special skills or extensive experience – and there's never a shortage of organizations looking for help!

LOOKING FOR VOLUNTEERS? REGISTER YOUR ORGANIZATION!

1. Go to www.volunteerkneehill.ca
2. Select the "Register" button at the top right corner of the page.
3. Complete the required information, and register your organization.
4. Once your organization has been approved, you will be able to log in and start adding and editing your volunteer opportunities!

WANT TO VOLUNTEER?

Volunteers do not need to register on the Volunteer Kneehill website. Easily view all the available opportunities by visiting www.volunteerkneehill.ca and selecting "Opportunities" at the top of the page. If you are interested in staying updated on new opportunities, upcoming events or receiving valuable volunteer resources, subscribe to the Volunteer Kneehill mailing list!

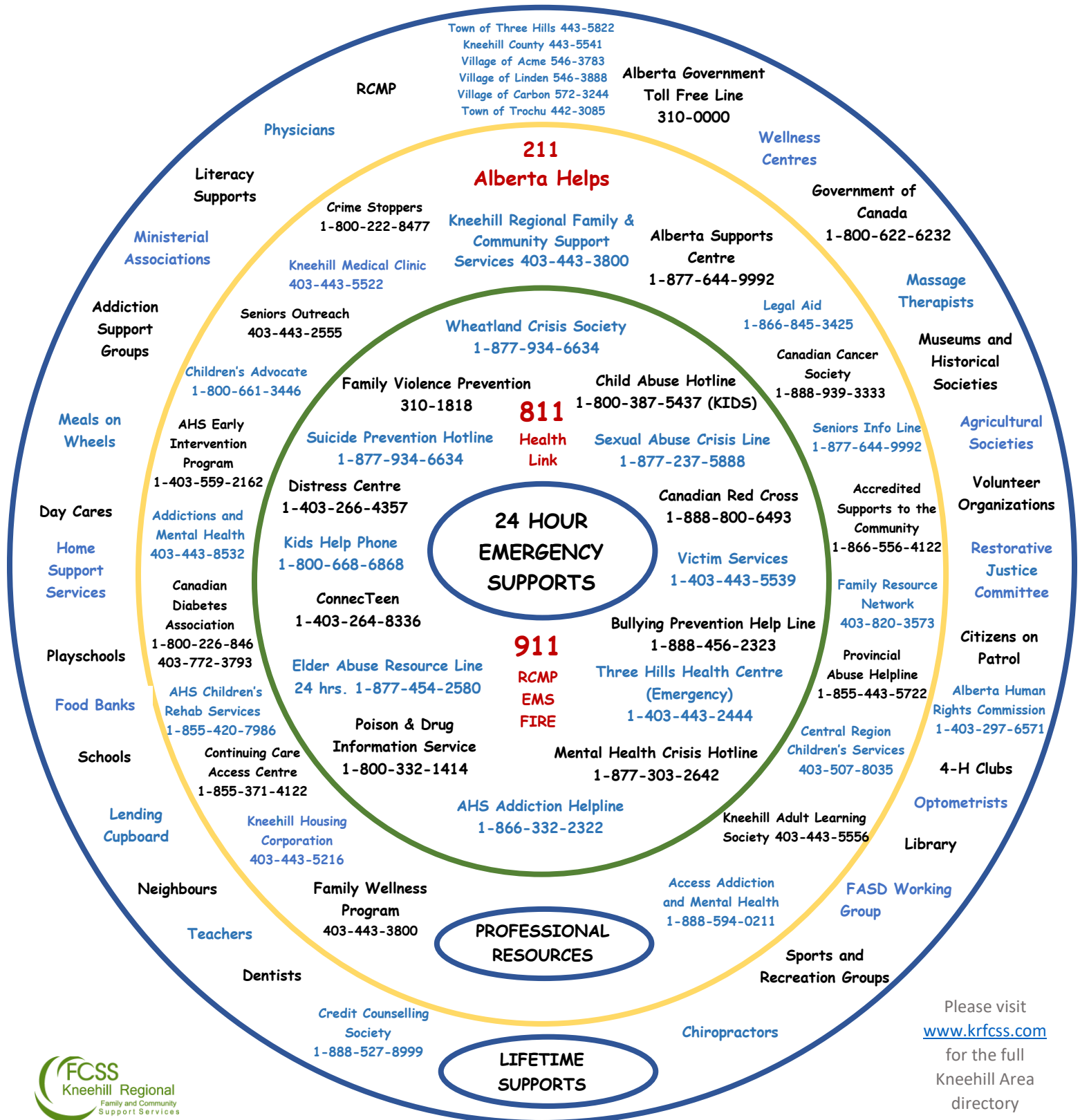
SPONSORS



WWW.VOLUNTEERKNEEHILL.CA

KNEEHILL AND AREA

Circle of Supports



Please visit
www.krfcss.com
 for the full
 Kneehill Area
 directory